

Every Day Praise Today ☐ Psalm 145:2

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Psalm 145:2, Page 997

“Every day I will bless you, and I will praise Your name forever and ever.”

Praising God every day means that we praise God on our good days and bad days. Everyday praise and blessing of God means that our praise does not arise from our circumstances that vary by the day, but flow from our hearts to God.

David wrote Psalm 145. He experienced days when King Saul tried to pin him to the wall with a spear, ((1 Samuel 19:8-10, page 470)) chased him through the wilderness, ((1 Samuel 26:1-5, pages 482-483)) and made him fear that he would perish one day by the hand of Saul. ((1 Samuel 27:1, page 485)) David also had some truly awful days, full of intentional sin. One day he murdered a righteous man named Uriah ((2 Samuel 11:14-25, pages 508-509)) after David committed adultery with Uriah's wife, Bathsheba. ((2 Samuel 11:1-5, pages 507-508)) God dealt with David's sin by placing all the guilt for those crimes upon Jesus Christ when He died on the cross. Jesus bore not only my sin, but King David's acts of murder and adultery. The prophet Nathan confronted David about his terrible sin and pronounced that “the sword would never depart from your house, because you have despised Me and have

taken the wife of Uriah the Hittite to be your wife.” ((2 Samuel 12:1-15, pages 509-510)) David understood the forgiveness of God, even after God took the life of the child Bathsheba bore to him as a product of their adultery. ((2 Samuel 12:15-23, pages 510-511)) In Psalm 51, David lamented his sinful behavior with Bathsheba, but also turns again to God with praise: “O Lord, open my lips, that my mouth may declare your praise.” Notice that David relied upon God to open his lips to praise God.

David knew that only God motivates true worship. ((John 4:23-24, page 1660)) David continued: “The sacrifices of God are a broken spirit; a broken and contrite heart, O God, You will not despise.” ((Psalm 51:15-17, page 905)) Notice that God said David despised God by committing adultery with Bathsheba. Now David knows that God does not despise ((The Hebrew word for “despise” (“שׂוֹאֵף”) indicates that God hates sin, but a broken and contrite heart God does not despise. Compare Psalm 36:4, page 888, where God explained that the wicked man does not despise (“שׂוֹאֵף”) evil. True repentance involves a broken and contrite heart (“שׂוֹאֵף וְעֵלֶז וְעֵלֶז-שׂוֹאֵף”). We see a “broken” (“שׂוֹאֵף”) heart illustrated in Psalm 124:7. Our soul escapes from the snare of sin, because the snare has been broken. Likewise, our hearts are broken by repentance over sin, which allows us to escape the snare. The term “contrite” (“שׂוֹאֵף”) in Isaiah 57:15, page 1161, means to crush. In Isaiah 57:15, God encourages us that He dwells on high with the lowly and crushed in spirit. He loves to revive the heart of the contrite.)) him after he has repented of his sin. David praised God after turning from sin, even right after the time that God took David’s baby to heaven. (“I will go to him,” 2 Samuel 12:22, pages 510-511, indicates the baby went

to heaven. The Biblical doctrine that babies go to heaven stands upon 2:Samuel 12:22. Because David knew he would see the baby again, and David was going to be with God in heaven, then the baby had to be in heaven upon death.)) Nothing should rob us of our desire to praise God, especially when we turn from sin and endure very hard times. We should praise God every day, no matter what. Some of us should turn to God right now with a broken and contrite heart, which God will not despise. He loves us every day and we should praise him every day.

I am sure all of us find it easy to praise God for the good times and the good things that He gives to us. David emphasized that he would praise God every day, forever and ever. The habit of daily praise will provide strength and encouragement in both our darkest and brightest days.

Application for Living Today

Praising God every day means that no matter what happens today, I intend to praise God. I will make it a daily habit, even on the days when things go terribly wrong. When I make the biggest mistakes of my life, I will turn to God with a broken and contrite heart. God will never leave me or forsake me. I will repent and then turn from my sin by God's loving grace. I will ask God to open my lips, that my mouth may declare His praise, every day.