



# **Exegetical Counseling**

## **Introduction**

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Published by Christ Assembly  
ChristAssembly.org

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# ***Acknowledgment***

My wife, Beverly Allen, has devoted herself to ChristAssembly.org and other publications. Most days her body gives her trouble, but she spends time helping ChristAssembly.org and other publications. She brings her doctoral training in biochemistry and molecular biology to her work and greatly improves the quality of publications. She has spent many hours creating graphics, reviewing articles and books, and providing careful proof reading, even when she does not feel her best. Other friends from Korea have helped in proof reading books for ChristAssembly.org, with our thanks in Christ Jesus for their friendship and faithful labors.

Beverly and I have been married more than forty-five years and Jesus used her life to make my life so much better in so many ways. Her constant love and support changes my life daily. She also provides honest feedback and careful analysis. I love my wife and want everyone to know that she spends her time serving Jesus behind the scenes at ChristAssembly.org.





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# 1

## Jesus the Counselor



### Opening

Pray the Beloved will appreciate the counseling Jesus does every day, starting with cleansing the temple.

Read John 1:1-18 with the Beloved.

### Discussion

Jesus is the Perfect Counselor, a powerhouse of wisdom and love expressed in words and actions. As God in the flesh, Jesus knew all things and yet limited the expression of that knowledge. As Jesus walked among

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men in the physical body His Father prepared for Him, He was both fully God and fully man. He had a human will and a divine will. He had a divine nature and human nature. He was tempted by sin and can sympathize with our weaknesses. Yet, Jesus never sinned. At all times He perfectly submitted to His Father's will, spoke the words His Father gave to Him, and did the deeds of His Father. In all things Jesus glorified His Father and set the perfect example for us in all things.

Jesus experienced family life. Jesus knew about family turmoil and rejection. His brothers urged Him to go to Jerusalem where the rulers sought to kill Him. When Jesus returned to His hometown of Nazareth, His relatives, and some members of His family rejected Him as Savior of the world. In fact, the nation of Israel, with relatively few exceptions, rejected Him. He came to His own people and His own people did not receive Him. Even so, a few people received Him as Savior and He gave them the right to become the children of God.

Long before anyone coined the terms group therapy, individual therapy, systems therapy, behavioral therapy, and many other types of therapy aimed at specific spiritual problems spanning a multitude of spiritual issues, Jesus was the Perfect Counselor, the Originator of all spiritual therapies. We could spend a lifetime and beyond studying Jesus as Counselor. He changes the lives of people not only with His words, but He astonishes them with His teaching, and awes them with His works of power. Revelation from God provided the foundation for all of His psychology, therapy, and counseling. God revealed the truth through Jesus, for Jesus is truth.

When we look at Jesus as Counselor, we will just see snapshots from the Bible of the way He interacted with people to the glory of God. Jesus offended some, outraged others, and became close friends with males and females. Many people love Jesus, and they all started as sinners and enemies of God. As God the Father revealed Jesus to people, God gave them faith and called them to salvation in Jesus. The Holy Spirit drew people to Jesus and then Jesus revealed the Father to them. Before the foundation of the world, God chose people to be blessed in Jesus.

Jesus understands people from the inside out and from the outside to the inside. Jesus not only knows their flesh and blood, but He used flesh and blood frequently as illustrations of the spiritual nature of man and the



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corruption of sin. Sin not only affected the physical world, but it also corrupted the image of God in people.

Jesus created all things. After creating the heavens and the earth, Elohim created a male as a physical being first, and then breathed the soul-breath into that physical being. Jesus joined the physical being with the spiritual being and the two beings were joined into one man. When God put both soul and spirit into the physical being, man became a living being. God created male and female.

Likewise, because man has both a physical being and a spiritual being, which are separated at physical death, Jesus counsels people regarding their bodies and their spiritual lives. Jesus understands everything inside and outside the person. Sin corrupted the human race, inside and out. All creation groans under sin, longing for freedom from the effects of sin when Jesus returns to earth. Jesus understands the soul, the spirit, the heart, the mind, the reasoning, the anger, the frustration and the outrage of people. More than any human, Jesus looks into the heart of every person and comprehends the reasoning, motives, emotions and everything about them.

Jesus was called the friend of sinners because He loves them and gave His soul for them. He spent time talking with them answering their questions and expending Himself daily for them. Jesus had no appearance that people would be attracted to Him, but His love, patience and works displayed His divine power everywhere He went.

Wherever Jesus went, He displayed the glory of His Father. As Jesus dwelt among men, they wondered at the fullness of grace and truth in bodily form. Even His enemies declared that He was impartial, favoring no one. Jesus performed many works of power, infusing the love of God into mortal bodies and healing broken spirits. Although Jesus laid aside the glories of heaven, He brought His glory to the lives of many people who received the Lord Jesus as Savior by grace through faith. We love because He first loved us.

Jesus counsels people every day. Exegetical counseling focuses upon using the word of God in the Scriptures so that Jesus can shine in the lives of believers. God sanctifies people through the Scriptures. Jesus said the word of God is truth. Therefore, I have gathered some snapshots of exegetical counseling experiences from the life of Jesus that demonstrate the loving power of God in the flesh bringing the kingdom of God to earth in preparing

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people to enter the kingdom of God by being born from above. I trust that Jesus will use His word to counsel people today.

1. **Word**. The Logos took flesh and lived among us. Jesus counseled as God in the flesh.

2. **Flesh**. Jesus was the Logos, and the Father prepared a body for Him with real flesh and blood. Jesus was fully God and fully Man. Jesus experienced hunger, thirst, and many other things we experience, because He was really a human, without sin.

3. **Dwelt**. Jesus existed as the Logos from the beginning, but He took flesh, born of Mary the virgin, and dwelt among men. He then was crucified and resurrected, with ascension to heaven following. Jesus lived among us, but His own people generally rejected Him.

4. **Glory**. Jesus brought the glory of heaven to earth in His body and with His actions and character. Jesus brings glory to the Beloved through His presence in our lives.

5. **Father**. Jesus had the glory of the Only Begotten of the Father, unique among men, and never created.

6. **Grace**. Jesus brought grace to our lives, because He gave us what none of us deserved, and paid the price we could never pay, to give us a permanent home we never knew, and a family of love we never experienced before coming to faith in Jesus as Savior. Jesus gave Himself because He first loved us, so that we might love God and enjoy Him forever. Jesus counseled us about grace, because we need His grace every day.

7. **Truth**. Jesus was the truth, and the only Way to the Father. We rejoice because Jesus brought grace and truth without measure into our lives. Jesus counseled with truth, because Jesus is the truth, always.

### **Summary for Jesus the Counselor**

- **Exegetical Counseling means that Jesus brought grace and truth into our lives at the moment we received Him by grace through faith as our Savior.**
- **Exegetical Counseling means Jesus took flesh and dwelt among us as God in the flesh. He knows everything about us and experienced life on earth. When Jesus counsels, He counsels with shared experience. He was tempted as we are, but He never sinned.**
- **Exegetical Counseling means Jesus brings the wisdom of God into our lives as He counsels us, so that we live in grace and truth in Him. Jesus counsels us with His grace and truth.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by remembering that Jesus will always be our Counselor. He brings grace and truth into our lives, covered with His eternal love and power. Today are you listening to Jesus as He counsels you every day?

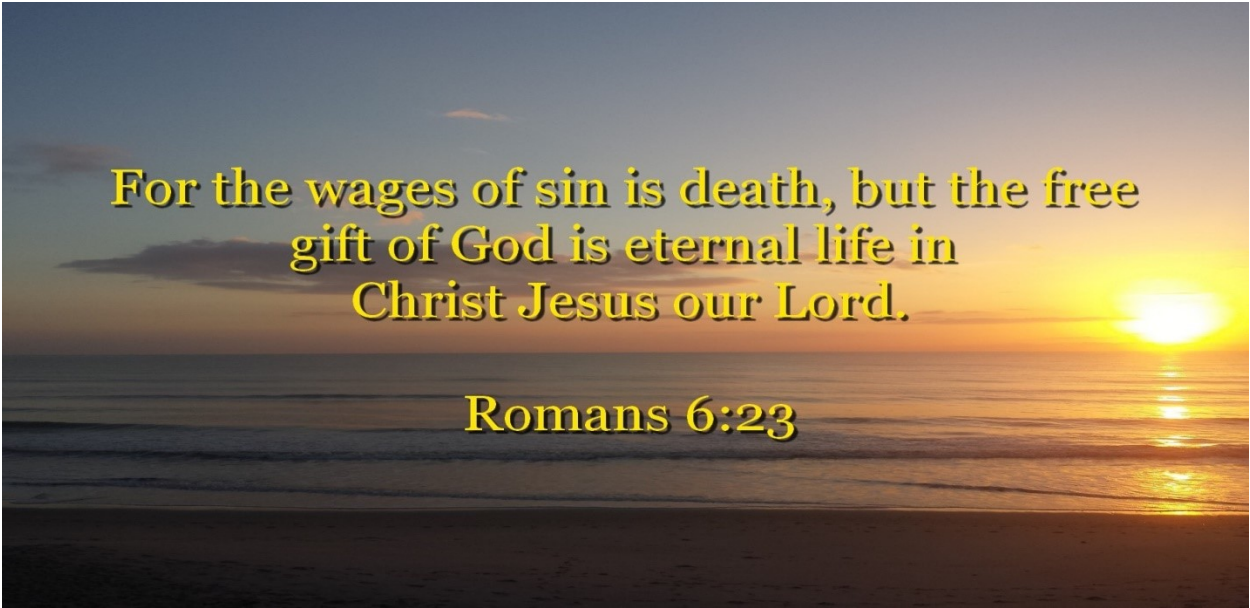
### **Closing**

Pray that the Beloved would take time to listen to Jesus the Counselor today.

**HALLELUJAH !**

# 2

# Salvation Counseling



For the wages of sin is death, but the free  
gift of God is eternal life in  
Christ Jesus our Lord.

Romans 6:23

## Opening

Pray that the Beloved will know they have eternal life.

Read Romans 3:23, 6:23, 5:8, 10:9 with the Beloved.

## Discussion

Jesus said that the natural man (unsaved) cannot accept the things of the Spirit of God. They are foolishness to him. He cannot understand them because they are spiritually appraised (1 Corinthians 2:14-15). Therefore,

because Jesus is always the Counselor, He must first establish a spiritual relationship with the Beloved (the person being counseled). Explain the verses below and then pray the prayer below.

Jesus explained salvation. Four basic steps bring a person to salvation.

# Steps to Salvation

## **Step One**

I confess that I am a sinner and fall short of the glory of God (Romans 3:23).

## **Step Two**

I confess that I deserve the death penalty as the wages of sin. Thank You Jesus that You do not want me to suffer the death penalty. Instead, I accept Your free gift of eternal life in Christ Jesus our Lord (Romans 6:23).

## **Step Three**

Thank You for loving me while I am a sinner. Thank You Jesus for dying for me on the cross and paying the death penalty for me (Romans 5:8).

## **Step Four**

I confess with my mouth Jesus as Lord and believe in my heart that God raised You from the dead. I believe that I am saved right now because I have accepted Your free gift of eternal life. I believe my sins have been forgiven once and for all and I have been saved. I repent of my sins by turning to You for salvation. (Romans 10:9). You will be saved.



## Prayer of Salvation

I confess that I am a sinner and fall short of the glory of God.

I confess that I deserve the death penalty as the wages of sin. Thank You Jesus that You do not want me to suffer the death penalty. Instead, I accept Your free gift of eternal life in Christ Jesus our Lord.

Thank You for loving me while I am a sinner. Thank You Jesus for dying for me on the cross and paying the death penalty for me.

I confess with my mouth Jesus as Lord and believe in my heart that God raised You from the dead. I believe that I am saved right now because I have accepted Your free gift of eternal life. I believe my sins have been forgiven once and for all and I have been saved. I repent of my sins by turning to You for salvation.

Amen.

### **Follow Up**

After you prayed the prayer above, ask the Beloved if the Beloved prayed the prayer. If the Beloved says anything but “Yes, I did,” then you know that Jesus only wants to talk with the Beloved further about salvation.

Explain to the Beloved that only Jesus does Exegetical Counseling. He is the only Counselor. If you reject Jesus as Savior, then you do not have a relationship with God. Jesus said that I am the way, the truth and the life; no one comes to the Father but through Me (John 14:6).

Let them know that you would like to talk with them further about salvation, but without a spiritual relationship with Jesus, no Exegetical Counseling can be done.

If they say “Yes, I did,” then explain to them the basics of new life in Christ.

1. **Sinned**. Every person has sinned. Even telling one lie is sin. Sin means we fall short of God’s glory, meaning we do not act according to God’s standard of perfection in all things (Romans 3:23).

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2. **Death**. Because all people have sinned, they all deserve the death penalty (Romans 6:23). Spiritual death follows physical death. Spiritual death means eternal punishment and torment in the Lake of Fire (Revelation 20:14).

3. **Gift**. Jesus Christ offers the free gift of eternal life (Romans 6:23). God is not willing for any to perish, but for all to come to repentance (2 Peter 3:9). Be sure you are not just staring at the gift, but you remember a day in your life when you reached out by faith and received that free gift.

4. **Love**. God loves sinners (Romans 5:8). He demonstrated that love by sending His Son, Jesus, to die on the cross for us. Jesus died in my place on the cross. He paid the death penalty for me and covered all my sins with His blood (1 John 2:2).

5. **Lord**. All believers must recognize Jesus as Lord (Romans 10:9; Philippians 2:9-11). Although we recognize Jesus as Lord, we still sin after salvation (1 John 1:8-10). We need to confess our sins and experience God's cleansing and forgiving power in our lives, depending upon His faithfulness and righteousness.

6. **Believe**. By faith we receive the free gift of eternal life (Romans 10:9). Good works have nothing to do with salvation (Ephesians 2:8-10). Good works do not get us into heaven and good works do not keep us in heaven. Once you have been born again, you are forever sealed with the Holy Spirit for the day of redemption (Ephesians 4:30). Once saved, always saved, no matter what.

7. **Raised**. By faith we believe in our hearts that God raised Jesus from the dead on the third day after He was crucified (Romans 10:9; 1 Corinthians 15:4). If Christ was not raised, then we are still in our sins and without hope in this world (1 Corinthians 15:17; Ephesians 2:12).

### **Summary for Salvation Counseling**

- **Exegetical Counseling means Jesus is the Counselor. We bring people to Jesus and let Him to talk to them spiritually.**
- **Exegetical Counseling means that we use the words of Jesus found in the Bible. He alone has the words of life.**
- **Exegetical Counseling means that we remember that Jesus calls everyone the Beloved. God so loved the world that He sent His only Son, Jesus, to lay down His soul on the cross and then to take it up again.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone Jesus seeks to speak to through us. We see Jesus talking with people today by seeing with spiritual eyes the people He wants to save through His loving power. Will you practice Exegetical Counseling today by opening your spiritual eyes and heart to see the love of Jesus for sinners in action?

### **Closing**

Prayer thanking God for salvation.

**HALLELUJAH !**

# 3

## New Creature Counseling



### **Opening**

Pray to understand what happened in the Beloved's life at the moment of salvation.

Read 2 Corinthians 5:16-21 with the Beloved.

### **Discussion**

At the moment you received the free gift of salvation by faith in the Lord Jesus Christ, you became a new creature in Christ. Several very important things happen at that moment.

### **New Creature**

At that moment of salvation, you became a new creature in Christ (2 Corinthians 5:17). You will learn to see all people spiritually, and no longer recognize them according to the flesh. A new spiritual person, born of the seed of God, was created spiritually in you. All the old things passed away. New things have come. You will now live as a new spiritual person, as a new-born baby in Christ. You will have to learn how to live your new life by learning from Jesus. He will lead you and guide you. The Holy Spirit also came into your life at that moment. He too will lead you and guide you. You become a daily minister for Christ.

### **New Ministry**

At that moment of salvation, you were reconciled to God. He reconciled you to Himself (2 Corinthians 5:18). You had sinned against Him and He was very angry with you. Then you received His free gift of salvation in Jesus and by faith Jesus took all the wrath from God you deserved. He died on the cross and God poured all His wrath upon Jesus as He hung on the cross. So, by faith in Jesus, God reconciled you to Himself. God took away His anger and now you live in His love. You do not have to worry about a single thing any longer. You now have a perfect relationship with God.

God gave to you and all other saints (believers) the ministry of reconciliation. That ministry means that you explain to other people in simple terms that they can be reconciled to God by faith in Jesus Christ. They must believe that Christ died for them on the cross. Jesus paid the death penalty for them and took away God's anger. God calls that the ministry of reconciliation. God was in Christ reconciling the world of people to Himself. God was not counting their trespasses against them. God has committed to us the word of reconciliation, so that people would know about the great love of God in sending Jesus Christ to die on the cross for our sins. Each person must individually receive Christ by faith that He died for them and rose again on the third day.

### **New Job**



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At the moment of salvation, God also gave you a new job. He appointed you as His ambassador to the entire world (2 Corinthians 5:20). God uses you to make an appeal to the whole world to be forgiven through Jesus Christ and become new creatures in Him.

We beg people on behalf of Christ to be reconciled to God. God made Christ to know sin so that we might become the righteousness of God in Christ. When Jesus comes into our lives, we become new spiritual creatures.

1. **Creature**. At the moment of salvation by faith, you became a new spiritual creature.

2. **Old**. At that moment, old things passed away.

3. **New**. At that moment, all things became new.

4. **Reconciled**. At that moment, you were reconciled to God through faith in Jesus Christ paying the death penalty for you.

5. **Ministry**. At that moment, God committed to you the ministry of reconciliation. We tell other people about God's great love in reconciling us to Himself through the death of Jesus Christ on the cross.

6. **Ambassador**. At the moment of salvation, God appointed you as His ambassador to the world. With all the power and authority of God, you now proclaim reconciliation by faith to the world.

7. **Beg**. At the moment of salvation, God appointed us as ambassadors who beg people on behalf of Christ to be reconciled to God by faith in Jesus. God made Jesus to know sin for us, so that we might become the righteousness of God in Jesus.

### **Summary for New Creature Counseling**

- **Exegetical Counseling means we became new creatures in Christ as the moment of salvation by faith. All things became new.**
- **Exegetical Counseling means that God gave us the new ministry of reconciliation. We let people know that God was in Christ reconciling the world to Himself.**
- **Exegetical Counseling means that God appointed us as ambassadors to the world. We beg people on behalf of Christ to be reconciled to God.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by understanding what happened in our lives at the moment of salvation by faith. We became new creatures in Christ. God entrusted us with the ministry of reconciliation. God also appointed us as His ambassadors to the world. We must learn from God how to walk in the good works He prepared beforehand for us so that we would glorify Him every day. Today are you learning how to walk with God?

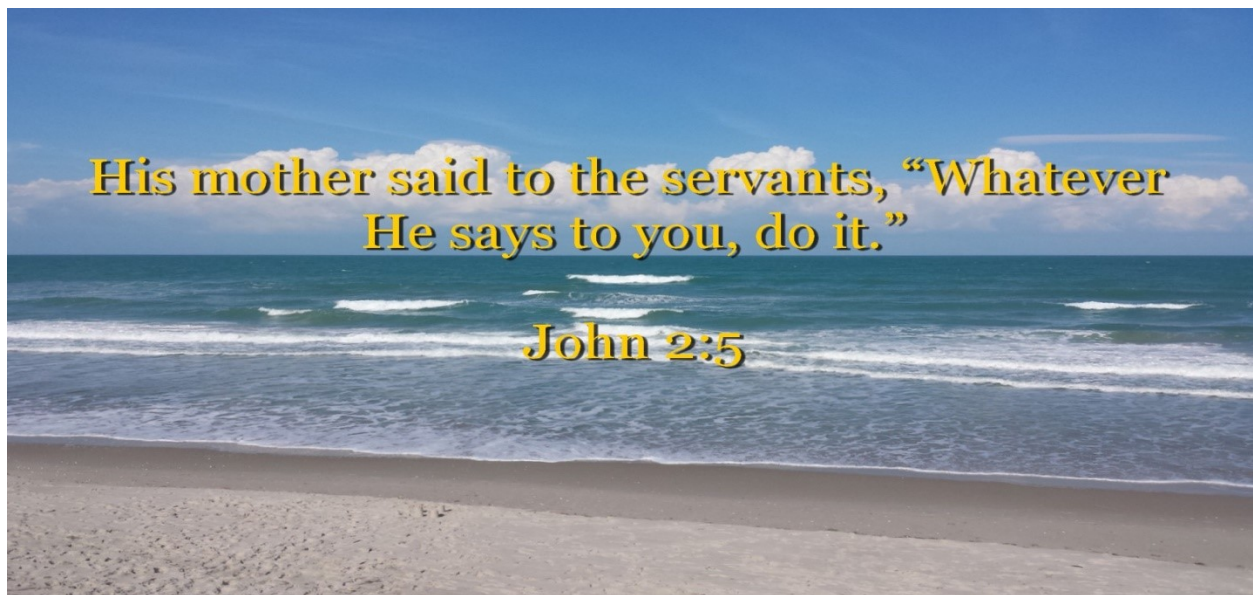
### **Closing**

Thank God for being a new creature with a new ministry and a new job.

**HALLELUJAH !**

# 4

## Wedding at Cana Counseling



### **Opening**

Pray that we would do immediately whatever Jesus tells us to do.

Read John 2:1-11 with the Beloved.

### **Discussion**

Jesus trained His learners by taking them to a wedding in Cana of Galilee. Jesus and His learners were invited to the wedding. The wine ran out and the mother of Jesus came to Him and said, "They have no wine."

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Jesus responded by asking what that has to do with her and Him. He then said that His hour had not yet come.

Mary, the mother of Jesus, immediately told the servants that whatever Jesus told them to do, do it. Mary understood from the answer of Jesus that He was going to help her out. It would be excellent training for His learners and others.

Jesus commanded the servants to fill the water pots with water. Six stone water pots were sitting there for the Jewish custom of purification, containing 20 or 30 gallons each. Having filled the water pots to the brim, Jesus commanded the servants to take some of the water to the head waiter. The water turned to wine in the water pots. When the head waiter tasted the wine, he said to the bridegroom that every man serves the good wine first, and when everyone has drunk freely, then he serves the poor wine. He then said that at this wedding they kept the good wine until now.

The head waiter did not know that the water had been turned into wine. The servants, however, knew that the water had been turned into wine by Jesus. Turning water into wine at Cana of Galilee was the beginning of signs Jesus did. He manifested His glory, and His learners believed in Him.

1. **Wedding**. Jesus and His learners were invited to a wedding in Cana of Galilee.

2. **Wine**. The mother of Jesus came to Him and said they have no wine.

3. **Hour**. Jesus replied to His mother that what did that have to do with them. His hour had not yet come.

4. **Do**. Mary told the servants to do whatever Jesus told them to do. All the servants of Jesus should do what He tells us to do immediately.

5. **Pots**. Jesus had the servants fill the water pots with water, but the water turned into wine and the servants knew it.

6. **Waiter**. Having tasted the wine, the head waiter called the bridegroom and told him that he had kept the best wine until now.

7. **Signs.** Turning the water into wine at the wedding of Cana was the first sign that Jesus did and His learners believed in Him.

### **Summary for Wedding of Cana Counseling**

- **Exegetical Counseling means Jesus performed signs so that His learners would believe in Him.**
- **Exegetical Counseling means learners need to obey Jesus and learn from Him so that He will grow their faith.**
- **Exegetical Counseling means Jesus performs quiet works to increase the faith of His learners like us.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by doing what Jesus tells us to do immediately. Today are you learning how Jesus grows your faith by watching Him work in the lives of people around you?

### **Closing**

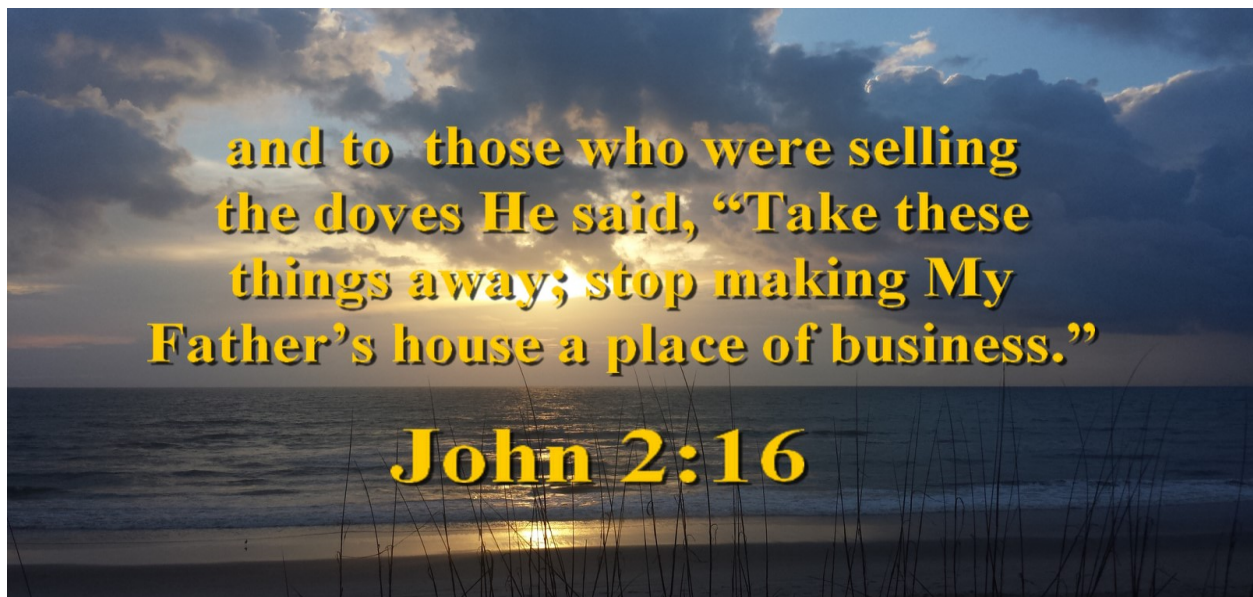
Pray that Jesus will grow your faith by watching Jesus work in the lives of people around you.

**HALLELUJAH !**



# 5

## Cleansing the Temple Counseling



### **Opening**

Pray that the Beloved would start with cleansing the temple.

Read John 2:13-22 with the Beloved.

### **Discussion**

At Passover Jesus went up to the Temple in Jerusalem. He was obligated to go there under the Old Testament Law. He found people in the Temple selling oxen and sheep and doves and the moneychangers seated at

their tables. Jesus made a scourge of cords and drove them all out of the Temple. He poured out the coins of the moneychangers and overturned their tables. Jesus made a clean sweep of the Temple as He began His public ministry.

Jesus said to the people selling doves that they should take those things away and they must stop making the My Father's house a place of business. After Jesus did these things, the learners of Jesus remembered that zeal for Your house will consume Him. Meanwhile, the Jews were seeking a sign for doing those things. Jesus responded that they will destroy this temple in three days I will raise it up. Jesus was speaking about the resurrection of His body, but they did not understand. When Jesus was raised from the dead, then his disciples remembered the words Jesus had spoken.

In the lives of so many people today, they need to sweep out of their lives all things that interfere with walking with Christ. They need to make holy the Temple of God in their lives. Sometimes, that means doing business differently or in another place. Business must never conflict with doing the will of God. We must sanctify God's calling in our life so that we fulfill our destiny for Him.

1. **Doves**. People bought doves for sacrifices if they did not have money for more expensive animals.

2. **Take**. Jesus told those people doing business in the Temple to take their things out of the Temple immediately.

3. **Stop**. Jesus commanded them to stop making the Temple a place of business.

4. **Father's**. Jesus referred to the Temple as belonging to His Father.

5. **House**. His Father's house held a special place in the heart of Jesus.

6. **Place**. He knew that it should never be a place of business, but a place of prayer for all the nations.

7. **Business**. All the people doing business in the Temple should have known better and the religious leadership should never have allowed it.

### **Summary for Cleansing the Temple Counseling**

- **Exegetical Counseling means we clean out of our lives all business practices that conflict with doing the will of God.**
- **Exegetical Counseling means we sanctify God in our hearts and follow His word in our lives.**
- **Exegetical Counseling means we encourage one another to stop doing all business that conflicts with doing the will of God.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by removing all business from our lives that conflicts with doing the will of God. Today are you learning to put God first in your life even if it means pushing many things out of your life?


### **Closing**

Pray that the Beloved will push out of their lives all the things that conflict with doing the will of God today.

**HALLELUJAH !**

# 6

## Born from Above Counseling



Jesus answered and said to him, “Truly, truly,  
I say to you, unless one is born again  
he cannot see the kingdom of God.”

John 3:3

### Opening

Pray to understand the meaning of born from above.

Read John 3:1-21 with the Beloved.

### Discussion

Nicodemus, a ruler of the Jews and a Pharisee, came to Jesus by night. He said five great things about Jesus. First, he called Jesus Rabbi. Second, he said Jesus was sent from God. Third, Jesus was a teacher. Fourth, Jesus did signs. Fifth, the signs Jesus did proved that God was with Him.

Although Nicodemus said those five great things about Jesus, Jesus looked back at him and said that unless you are born from above, you cannot see the kingdom of God. Jesus just told one of the most religious and powerful men in Jerusalem that he cannot even see the kingdom of God without first being born again.

Nicodemus had no idea what Jesus was talking about. He asked Jesus if he could climb into his mother's womb a second time. Jesus replied that unless one is born of water and the Spirit, he cannot enter into the kingdom of God. Therefore, we know that being born from above involves being born of the water and of the Spirit. Jesus explained being born of the water means that we are born of the flesh, from our mothers. Jesus then explained that being born of the Spirit occurs after being born of the flesh. In other words, born of the Spirit means that we are born from above at some point in our lives after birth.

Jesus stated that you must be born from above. Unless you are born from above, you cannot see the kingdom of God and you cannot enter the kingdom.

Many people today lead very religious lives, but have never been born from above. In Exegetical Counseling, the Beloved must be born from above. So, if the Beloved has prayed the prayer of salvation and knows about the new creature, Jesus wants to be sure they understand what it means to be born from above. Remember Nicodemus was a very religious man, but had never been born from above.

Jesus taught Nicodemus that God loved the world and gave His only Son, so that whoever believes in Him would not perish, but have eternal life. God did not send His Son into the world to judge the world, but that the world may be saved through Him.

Jesus explained further that every person who believes in Jesus is not judged regarding salvation. Every person who does not believe in Jesus has been judged already, because they have not believed in the Name of the only begotten Son of God. The judgment is that the light has come into the world and men loved darkness rather than light, for their deeds were evil. Who practices the truth comes to the light, so that his deeds may be manifested as having been done in God.



1. **Nicodemus**. Nicodemus was a ruler of the Jews and a Pharisee.
2. **Pharisee**. As a Pharisee, Nicodemus believed in angels, resurrection, and the afterlife. In contrast, the Sadducees believed in none of those things.
3. **Above**. Jesus told Nicodemus that he must be born from above.
4. **Kingdom**. Unless Nicodemus was born from above, he could believe many marvelous things about Jesus, but he would never see the kingdom of God.
5. **Spirit**. Unless one was born both of the flesh and of the Spirit, he cannot enter the kingdom of God.
6. **Believe**. The only way to see and enter the kingdom of God is to believe that God the Father sent Jesus (God the Son) into the world, so that everyone who believes in Jesus will not perish, but have eternal life.
7. **Judge**. God did not send Jesus into the world to judge the world, because everyone who believes in Jesus for salvation is not judged. Everyone who does not believe in Jesus for salvation has been judged already.

### **Summary for Born from Above Counseling**

- **Exegetical Counseling means very religious people can neither see nor enter the kingdom of God without being born from above.**
- **Exegetical Counseling means we must be born of water and the Spirit to enter the kingdom of God.**
- **Exegetical Counseling means the everyone who does not believe in Jesus for salvation has been judged already.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by encouraging people to enter the kingdom of God by faith in Jesus Christ for salvation. Today are you learning about the kingdom of God?

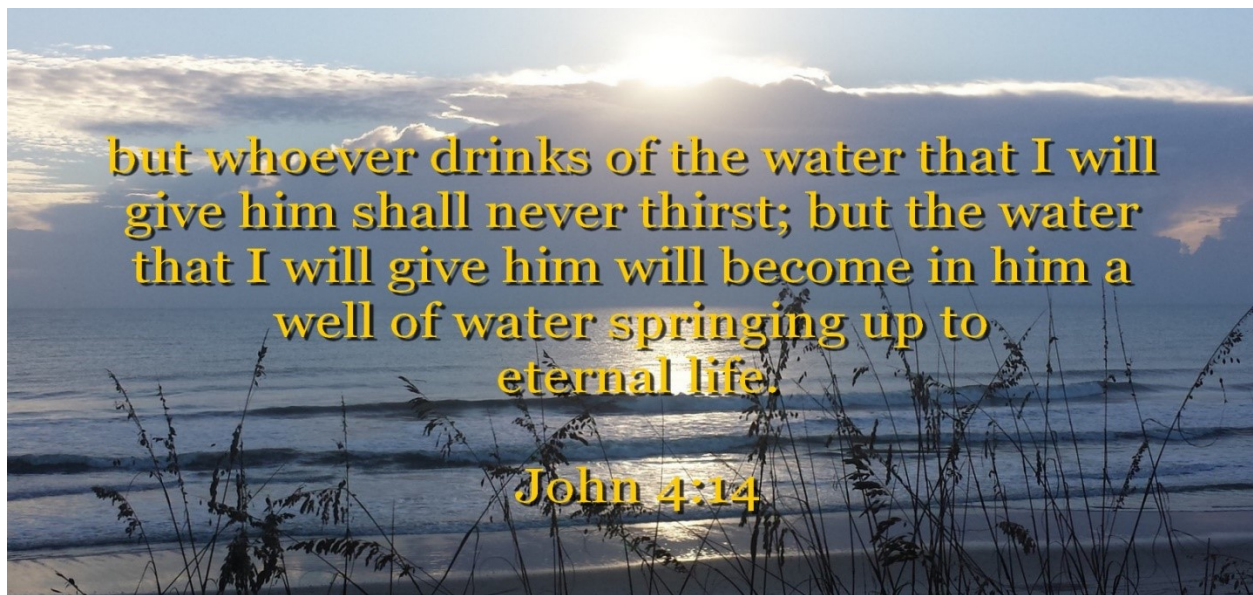
### **Closing**

Thank God for being born from above.

**HALLELUJAH !**

# 7

## Well of Water Counseling



### Opening

Pray that the Beloved would enjoy the well of water springing up to eternal life.

Read John 4:7-26 with the Beloved.

### Discussion

Jesus met a Samaritan woman at Jacob's well near the city of Sychar. He told the woman to give Him a drink. The woman asked Him why a Jew would ask a Samaritan woman for a drink. Jesus replied to the woman that

if she knew the gift of God, and Who says to you, give me a drink, then you would have asked and He would have given you living water. Jesus had a marvelous way of starting spiritual conversations with the most unlikely people. Jesus stepped across all cultural and religious boundaries to reach out to sinners.

The woman replied to Jesus that He had nothing to draw with and the well was deep. How could He give her living water? You are not greater than our father Jacob, are You? Jesus answered that everyone who drinks of this water will thirst again. But, whoever drinks of the water that I will give him shall never thirst. But, the water that I will give him will become in him a well of water springing up to eternal life. Jesus clearly intended to give the woman the water springing up to eternal life. Jesus did not care if she was a female and a Samaritan. Normally, Jewish men had nothing to do with women and Jews had nothing to do with Samaritans.

The woman said to Him Sir give me this water so I shall not come all the way here to draw. Jesus then told her to call her husband and come here. She replied that I have no husband. Jesus said to her that she had answered correctly for she had had five husbands and the one whom she had now is not her husband. This she had truly said. Jesus displayed supernatural knowledge to the woman and she knew it.

The woman then replied that she knew Jesus was a prophet. The Samaritan fathers worshiped in this mountain, but the Jews said that they worshiped in Jerusalem and everyone ought to worship there. Jesus responded telling her that an hour was coming when neither in this mountain nor in Jerusalem will you worship the Father. Jesus continued that the Samaritans worship what they do not know. The Jews worship what we know, for salvation is from the Jews. But an hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth. For such people the Father seeks to be His worshipers. God is spirit, and those who worship Him must worship Him in spirit and truth.

The woman replied I know that Messiah is coming, Who is called the Christ. When He comes, He will declare all things to us. Jesus said to her, I Who speak to you am He.

Jesus emphasized that He was a Jewish Messiah, because salvation for all people is of the Jews. Jesus also links salvation to worship. Worship never

saved anybody, but God seeks people to worship Him in spirit and truth. Jesus also identified Himself as the Messiah.

1. **Whoever**. Whoever drinks of the water at Jacob's well will thirst again.
2. **Drinks**. Whoever drinks of the water that Jesus gives will never thirst.
3. **Give**. Jesus will give water unlike any water in any well on earth.
4. **Never**. Jesus promised that whoever drinks of the water that He gives will never thirst.
5. **Water**. Jesus promised living water.
6. **Well**. That living water that Jesus gives would become in him a well of water springing up to eternal life.
7. **Eternal**. We gain eternal life by receiving the gift of living water which Jesus gives to us.

### **Summary for Well of Water Counseling**

- **Exegetical Counseling means Jesus gives to the Beloved the gift of living water.**
- **Exegetical Counseling means the Beloved must learn to worship God in spirit and truth.**
- **Exegetical Counseling means we share the gift of living water by introducing people to Jesus Christ as Savior.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by introducing people to Jesus Who will give them the well of water springing up to eternal life in them. Today are you learning how

to share your faith in Jesus so that others may receive from Him the gift of living water?

### **Closing**

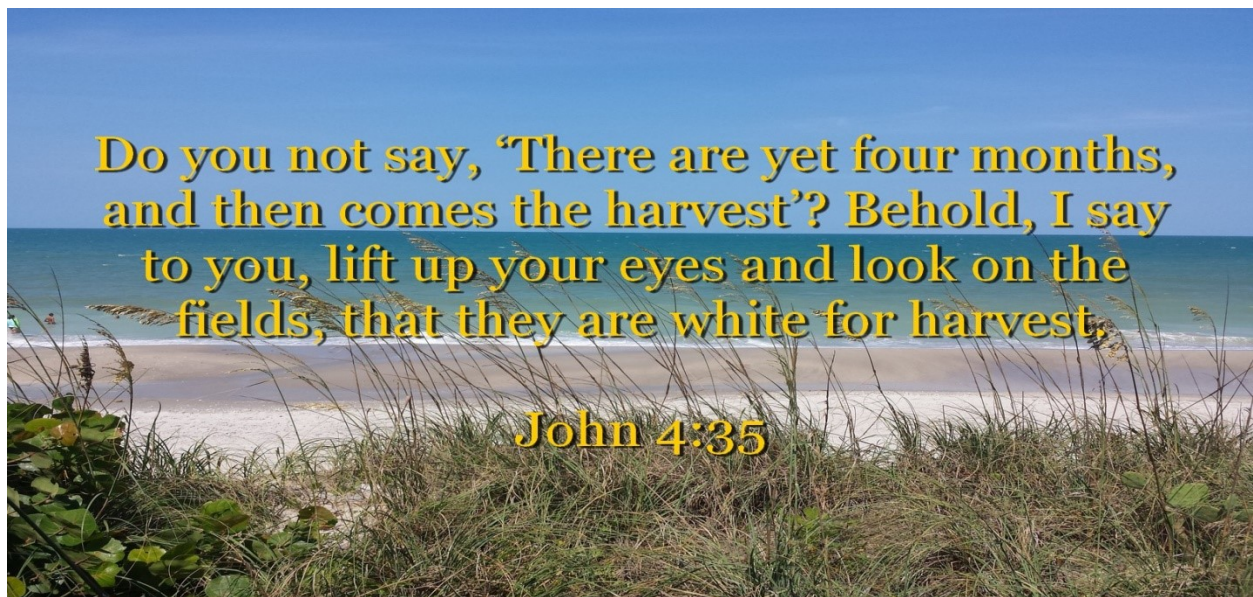
Pray for the Beloved to worship God in spirit and truth as they enjoy the well of water in them springing up to eternal life.

**HALLELUJAH !**



# 8

## Harvest Counseling



### **Opening**

Pray that the Beloved will see the fields white for harvest.

Read John 4:27-38 with the Beloved.

### **Discussion**

Jesus met the woman at the well near Sychar in Samaria. Having heard the good news of Jesus Christ, she went back into Sychar and told the people about Jesus. The learners of Jesus came back from Sychar where they had been buying food. When they saw Jesus, they urged Him to eat.

Jesus replied that He had food to eat that they did not know about. He explained that His food is to do the will of Him Who sent Me to accomplish His work. Jesus meant that doing the will of God the Father was the food that He relied upon.

Jesus asked His learners if they said that there are yet four months and then comes the harvest. Jesus commanded them to lift up their eyes, look on the fields, that they are white for harvest. Jesus was referring to the people coming from Sychar out to see Jesus. They had heard what the woman said and wanted to see Jesus for themselves.

Jesus had a plan to evangelize the entire city of Sychar. His plan involved meeting one woman at the well, and she was a notorious sinner. She was living with a man not her husband and she had been married several times previously. Even so, Jesus chose that woman to spread the good news to the people of Sychar. Jesus taught His learners that He can use people as His messengers that the religious people disdained. Therefore, Jesus can use all of us today who will turn to Him for salvation to spread the good news to others, no matter our background.

Jesus told His learners that he who reaps is receiving wages and is gathering fruit for eternal life. Therefore, he who sows and he who reaps may rejoice together. Jesus said the same is true that one sows and another reaps. Jesus then explained that He sent the learners to reap for that which they had not labored. Others had labored and the learners entered into their labor. Jesus meant that sharing the Gospel is always a team effort. Some people go before and plant the seeds of the Gospel. Later, others come behind them and reap the harvest of believers growing up from the seed implanted in them that took root.

Jesus intends that all people who receive Him as Savior become daily ministers for Christ. No matter their background, Jesus puts everybody in the service immediately of telling other people about the good news of salvation and forgiveness Jesus offers to everyone. Just like He used the woman at the well to reach the entire city of Sychar, so also Jesus was training His learners to reap the harvest planted by the woman. Because we are learners of Jesus today, we need to be out planting the seeds of the Gospel every day and reap the harvest of souls planted by others.

Only as we learn to be daily ministers of Christ who see the fields white for harvest can we become true learners of Jesus. Our problems will begin to

fade away as we focus upon doing the will of Jesus every day. When we become daily ministers for Christ, then our lives become consumed with ministry to other people as we love God and then love our neighbors as ourselves.

1. **Say**. Have you ever noticed what people say about the future? They often talk about things that are months or years away.

2. **Months**. The learners of Jesus needed to learn that the fields are ready for harvest today, even though the crops in the field are yet four months to harvest.

3. **Lift**. Jesus taught His learners to lift up their eyes and see people in the fields, not just crops.

4. **Look**. After they lift up their eyes, they should look with spiritual perception and see all the people in the fields coming to Jesus.

5. **Fields**. As learners of Jesus, we must learn to see like Jesus sees the fields.

6. **White**. Jesus taught us to look and see the fields of people ready for harvest today.

7. **Harvest**. Jesus spoke about a harvest of souls for the kingdom of God and we are the harvesters today.

## **Summary for Harvest Counseling**

- **Exegetical Counseling means we must lift our eyes and look upon the fields of people today.**
- **Exegetical Counseling means we must hear Jesus speaking to us today to lift up our eyes and look upon the fields so that we will begin harvesting today.**
- **Exegetical Counseling means Jesus commands us to see the fields of people coming to Jesus today, including the Beloved.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by lifting our eyes and looking upon the fields ready for harvest. Today, are you learning to lift up your eyes and look upon the fields of people coming to Jesus today?

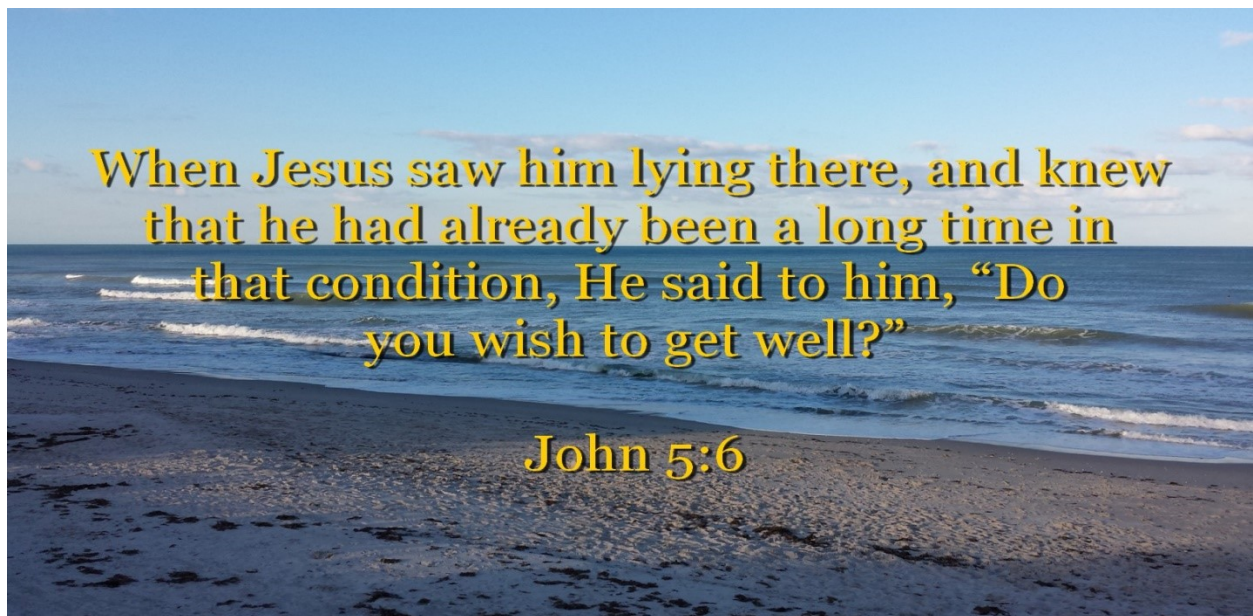
## **Closing**

Lord Jesus, may You open our eyes so that we will look and lift our eyes to the fields of people coming to You today.

**HALLELUJAH !**

# 9

## Pallet Man Counseling



### **Opening**

Pray that the Beloved will hear Jesus asking if the Beloved wants to get well.

Read John 5:1-17 with the Beloved.

### **Discussion**

Jesus went up to the feast in Jerusalem. By the sheep gate lies a pool called Bethesda where the sick, blind, withered and lame gathered, waiting for the waters to be stirred and the first one into the water would be healed. A paralyzed man lying on his pallet (Pallet Man) had been there for 38 years, waiting to be the first into the water, but never succeeding.



Jesus saw the paralytic and moved with compassion asked him, “Do you wish to get well?” Pallet Man then made excuses about why he could not get into the pool before anyone else. Pallet Man completely ignored the question of Jesus and had no idea Who was asking him that question. So often in our lives, we never hear Jesus talking to us. Jesus was prepared and powerful, ready to heal Pallet Man on the spot. Pallet Man explained in detail how he had no one to put him into the water, and so was never healed, because someone always got into the water first. Pallet Man had no idea that the Creator and Lord of heaven and earth was standing before him, with infinite power to heal every disease and make the lame walk. Pallet Man thought the only way he could be healed would be to get into the water first. So often we cling to our own ideas about healing and help in our lives and ignore Jesus standing right before us.

Jesus did not heal everyone at the pool of Bethesda that day. In fact, He only came to heal one man, Pallet Man. Rather than answer the question Jesus asked him, Pallet Man made excuses about why he was never healed. We must be very careful to listen to Jesus, if you want His power to be active in your life. Please recall He never promised to heal everybody. Jesus, however, provides power for living every day. Therefore, Pallet Man should have listened to Jesus, just like we should listen to Jesus every day.

After listening to Pallet Man’s explanation, Jesus said to him, “Get up, pick up your pallet and walk.” Immediately, Pallet Man became well, picked up his pallet and began to walk. Jesus healed the paralytic on the Sabbath. Many religious people got very angry over the healing on the Sabbath, claiming Jesus had broken the Sabbath.

1. **When**. When Jesus saw him lying there, Jesus knew he been there a long time. Jesus always knows everything about us.
2. **Jesus**. Jesus takes His compassion with Him wherever He goes.
3. **Lying**. Pallet Man had been lying there for 38 years, watching many other people being healed right in front of his eyes.
4. **Knew**. Jesus knew all about Pallet Man and all of his frustrations about never being first in the water.
5. **Wish**. Moved with compassion, Jesus asked Pallet Man if he wished to get well.



6. **Get**. Rather than telling Jesus a simple answer that he wished to get well, Pallet Man began to explain to the Lord and Creator of all things why he was not able to be made well.

7. **Well**. Jesus asked a simple question about getting well, but Pallet Man made excuses and never answered the question.

### **Summary for Pallet Man Counseling**

- **Exegetical Counseling means that we must see Jesus filled with compassion asking us if we want to get well.**
- **Exegetical Counseling means we must lay aside all of our own excuses for what we do and never ignore Jesus.**
- **Exegetical Counseling means we recognize ourselves as Pallet Man and open our ears to Jesus.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by urging them to stop making excuses about their lives and start listening to Jesus talking to them. Today are you learning to listen to Jesus and the question He asks you from the Scriptures?

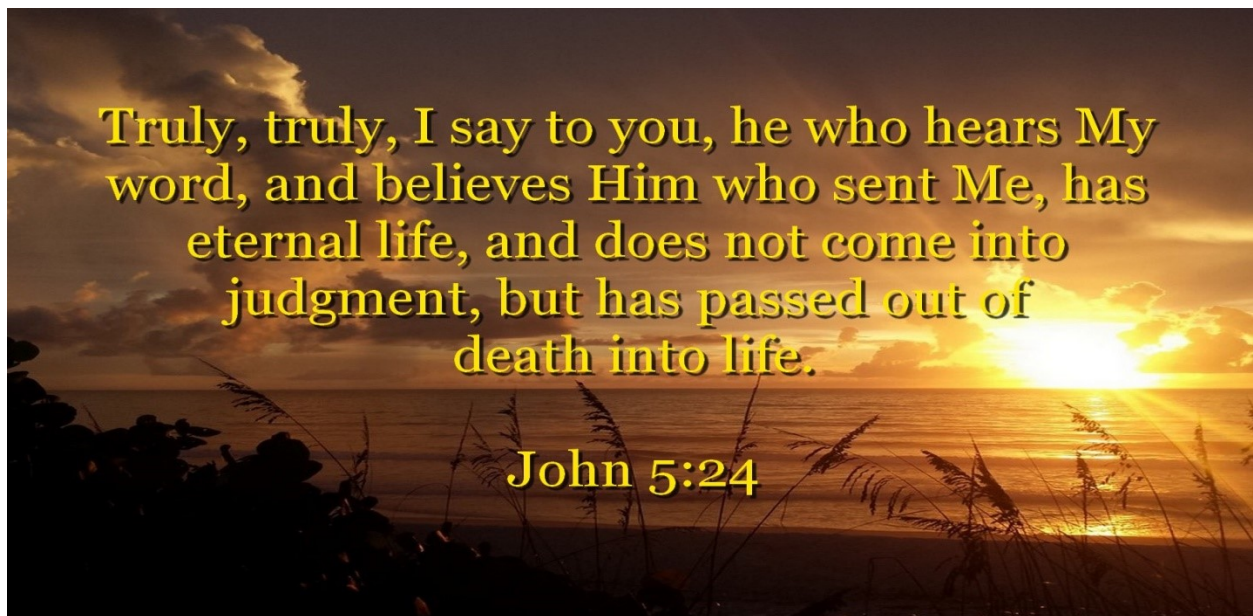
### **Closing**

Lord Jesus, thank You for talking with me through the Scriptures so that I recognize myself as Pallet Man. Please open the ears of my heart today to hear You and stop making all my excuses.

**HALLELUJAH !**

# 10

## Judgment Counseling



### Opening

Pray that the Beloved hears the voice of Jesus and knows they have passed out of death into life, never coming into judgment regarding salvation.

Read John 5:19-24 with the Beloved.

### Discussion

After Jesus healed Pallet Man, the Jews were enraged because He healed him on the Sabbath. They mistakenly believed that God should not

work on the Sabbath to do good. They also took issue with Jesus because He was making Himself equal with God.

Jesus responded by letting the crowd know that He only did His Father's works and said His Father's words. God the Father raises the dead and gives them life and so does Jesus. The Father judges no one, but has given all judgment to the Son, Jesus Christ so that they will honor the Son as they honor the Father. Jesus then told them, "Amen, Amen, I say to you, he who hears My word, and believes Him Who sent Me, has eternal life and does not come into judgment, but has passed out of death into life."

The Beloved can overcome many forms of anxiety by realizing that they have been removed from judgment and have passed out of death into life. Their anxiety will not change anything, except to make them more miserable. The Beloved must turn in faith to the Lord Jesus Christ and believe in what He said. He will not sit in judgment regarding salvation upon the Christians. That issue of salvation was completely settled at the moment of belief on earth. At that moment Jesus baptized them with the Holy Spirit, sealed them with the Holy Spirit for the day of redemption, and holds them in His hand where no one can touch them.

1. **Amen**. Jesus emphasized the importance of these words with the word Amen repeated.

2. **I**. Because Jesus spoke the words of His Father, He spoke with the authority of Almighty God, full of love, truth and power.

3. **Hears**. Jesus proclaimed the word of God so that everyone could hear it, because He was impartial to everyone.

4. **Believes**. Jesus said that hearing the words He preached were not enough. The hearer must also become a believer. They must have the assurance of things hoped for and the conviction of things not seen. They must believe that Jesus has actually forgiven them for their sins. They must believe they received the free gift of eternal life.

5. **Him**. Jesus emphasized that they must believe that God the Father sent Jesus.

6. **Life**. Jesus said that the people who believe in Him have eternal life, indicating it starts at the moment of salvation by faith alone, without works of any kind.

7. **Judgment.** At the moment of salvation, the believer will never come into judgment regarding salvation. Every believer at the moment of salvation passes out of death into life, and that life extends for eternity.

### **Summary for Judgment Counseling**

- **Exegetical Counseling means the Beloved never comes into the judgment regarding salvation, but has passed out of death into eternal life at the moment of salvation and remains there safe and secure in Jesus forever.**
- **Exegetical Counseling means the Beloved must always hear the word of the Lord Jesus and abide by it, rather than listening to their own emotions and feeling the pressures from other people.**
- **Exegetical Counseling means that the Beloved must bathe in the love of Jesus Christ every day, hearing Him say Amen, Amen, that He instructed us how to live through His words and have an abundant life in Him.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by hearing Jesus say, Amen, Amen, that everyone who hears Him and believes the Father who sent Jesus has eternal life and does not come into judgment, but has passed out of death into life. Today are you learning to listen to the amens of Jesus and believe His words regarding judgment and eternal life?

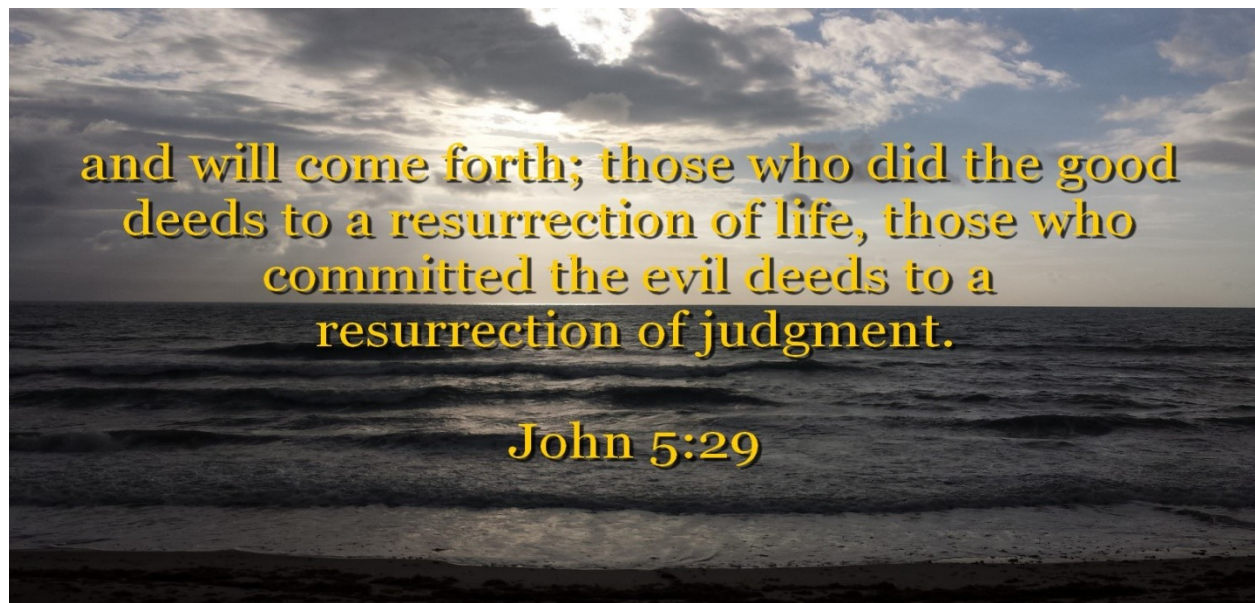
### **Closing**

Lord Jesus, help me to listen to You and ignore everyone lying to me. Help me to stop listening to my own thoughts and desires and emotions, so that You open my ears, hearing you say Amen, Amen to me.

**HALLELUJAH !!**

# 11

## Resurrection Counseling



### **Opening**

Pray that the Beloved will understand that everyone will be resurrected in the future, some to a resurrection of life and others to a resurrection of judgment.

Read John 5:25-32 with the Beloved.

### **Discussion.**

People today tend to forget that we continue life after our bodies die. You remain a person after the death of your body. What happens to that



person depends upon how you lived in your body on earth. Jesus explained that there will be a resurrection for everyone, good and bad.

Jesus said that everyone in the tombs will hear His voice. That hour is coming when His voice will go out to everyone in the tombs. When they hear His voice, they will come forth out of their tombs.

Those who did good deeds will go to a resurrection of life and those who did evil deeds to a resurrection of judgment. The Beloved needs to understand that you continue as a person after your body dies. Jesus will call you out of the tomb to resurrection in the future. We never know when that hour may come when He will call nor when our bodies will die.

Jesus promised that an hour is coming and now is when the dead will hear the voice of the Son of God, and those who hear will live. Everyone who hears the word of Jesus and believes in Him and the Father Who sent Jesus does not come into judgment, but has passed out of death into life.

Jesus wanted all of us to know that we will go to a resurrection of life. Everyone else will go to a resurrection of judgment and then will be cast into the Lake of Fire, a place of eternal torment. We must understand that everyone will be resurrected and so we should be careful in this life to tell others about Jesus so that they too may go to the resurrection of life.

1. **Come**. An hour is coming when everyone in the tombs will hear the voice of Jesus.

2. **Good**. Those people who did good deeds while they lived on earth will go to a resurrection of life.

3. **Resurrection**. They did good deeds because they believed the word of Jesus and have eternal life; their good deeds flowed from their eternal life, but did not buy them eternal life. Resurrection means that everyone who believes in Jesus for eternal life will live, even if they die.

4. **Life**. Eternal life is a gift of God through our Lord Jesus Christ which we received by faith in Him as Savior.

5. **Evil**. The people who did evil deeds while they lived on earth will go to a resurrection of judgment.

6. **Resurrection.** The resurrection of judgment takes place at the great white throne when Jesus sits upon it and metes out the correct amount of punishment for every evil person to experience in the Lake of Fire.

7. **Judgment.** Jesus always makes perfect judgments because He knows all the things that you did over your lifetime in the body on earth.

### **Summary for Resurrection Counseling**

- **Exegetical Counseling means that the believers doing good in this life will go to a resurrection of life, because they passed out of judgment at the moment of salvation by faith in Jesus as Savior.**
- **Exegetical Counseling means that every person who did evil during this life on earth will go to a resurrection of judgment, where Jesus will sentence them to the Lake of Fire and punish them according to their evil deeds on earth.**
- **Exegetical Counseling means everyone in the tombs will hear the voice of Jesus and will come forth to resurrection.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by remembering that everyone will hear the voice of Jesus and come forth from the tombs. Today are you learning that everyone will go to resurrection, both the good and the bad?

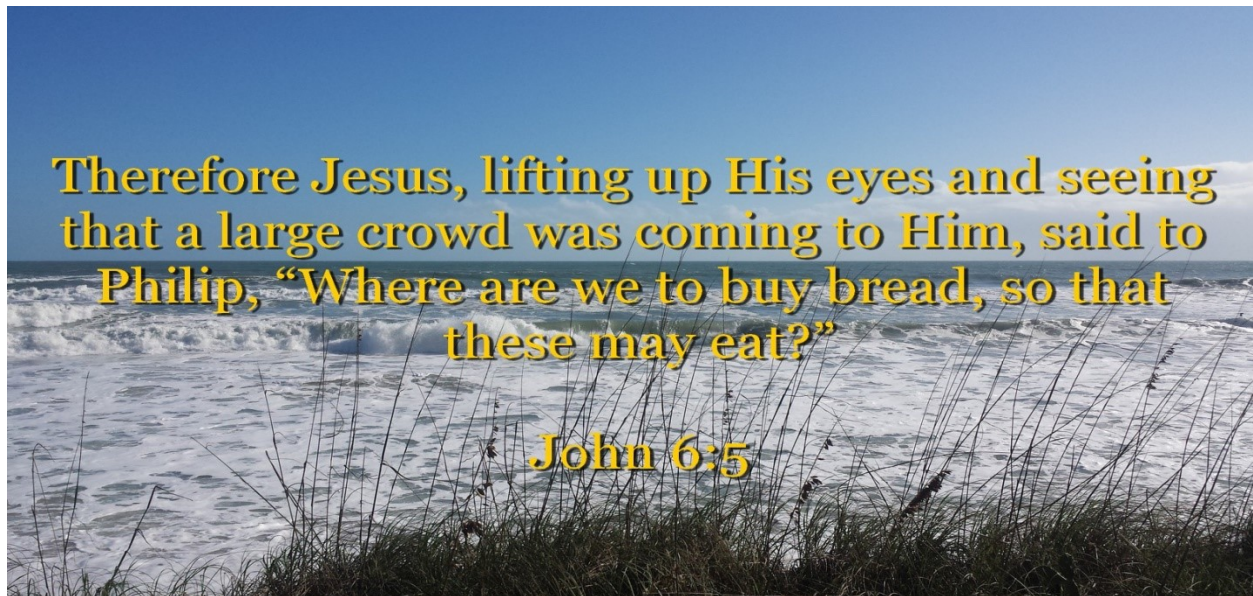
### **Closing**

Pray that the Beloved will remember that everyone in the tombs will hear the voice of Jesus and will come forth, some to a resurrection of life and the others to a resurrection of judgment. We praise God that we are going to a resurrection of life.

**HALLELUJAH !**

# 12

## Five Thousand Counseling



### **Opening**

Pray that the Beloved would learn how Jesus provides the bread we need every day.

Read John 6:1-14 with the Beloved.

### **Discussion**

A large crowd followed Jesus as He went to the other side of the Sea of Galilee. They followed Him because they saw the signs which He was performing on those who were sick. As Jesus sat on the mountain, He saw a large crowd coming to Him. He asked His learners where they were going

to buy food so that the crowd may eat. Jesus was testing them, because He knew what He was intending to do.

Jesus provides testing in our lives also. He already knows what He is going to do. We need to learn that Jesus provides all the food, clothing, and shelter that will ever need. Jesus took the five barley loaves and two fish and fed 5000 people that day. After everybody had their fill, the learners gathered up 12 baskets of fragments left over by the crowd. When the people saw the sign that Jesus had performed, they said that the prophet has come into the world.

Jesus not only wanted to satisfy the hunger of the crowd, but He also wanted to train His learners. They needed to learn that Jesus can multiply what people have so that they have an abundance to share with others. When people learn to trust Jesus for their daily essentials, we learn to trust that Jesus already knows what He is going to do to provide for all of us.

1. **Jesus**. What did Jesus see from the mountain? He saw a large crowd coming towards Him.

2. **Lifting**. Lifting up His eyes, Jesus saw the large crowd coming because they had seen His signs and healings.

3. **Eyes**. The eyes of Jesus not only saw the crowd, but He also saw the needs of the crowd.

4. **Crowd**. Jesus knew exactly what to do with crowds and how to help them one at a time.

5. **Philip**. Jesus wanted to test Philip, because Jesus already knew what He was going to do.

6. **Where**. Jesus asked Philip where they should go to buy bread for the crowd to eat.

7. **Eat**. Jesus tested Philip with a question and Jesus poses that same question to us every day, asking us where are we going to buy food. He knew He was going to provide the food, by multiplying the food the crowd already had. No one was going to buy anything to feed 5000 people.

## **Summary for Five Thousand Counseling**

- **Exegetical Counseling means Jesus tests His learners to increase their knowledge and trust in Him.**
- **Exegetical Counseling means Jesus asks questions that cause us to probe our hearts to learn from Jesus how His love works in all of our lives.**
- **Exegetical Counseling means Jesus wants to change our thinking from where do we buy things to how Jesus uses the things we already have.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by learning from Jesus how He wants to use what we already have to bless people around us in need. Today, are you learning how Jesus will multiply the things we already have to meet the needs of many other people?

## **Closing**

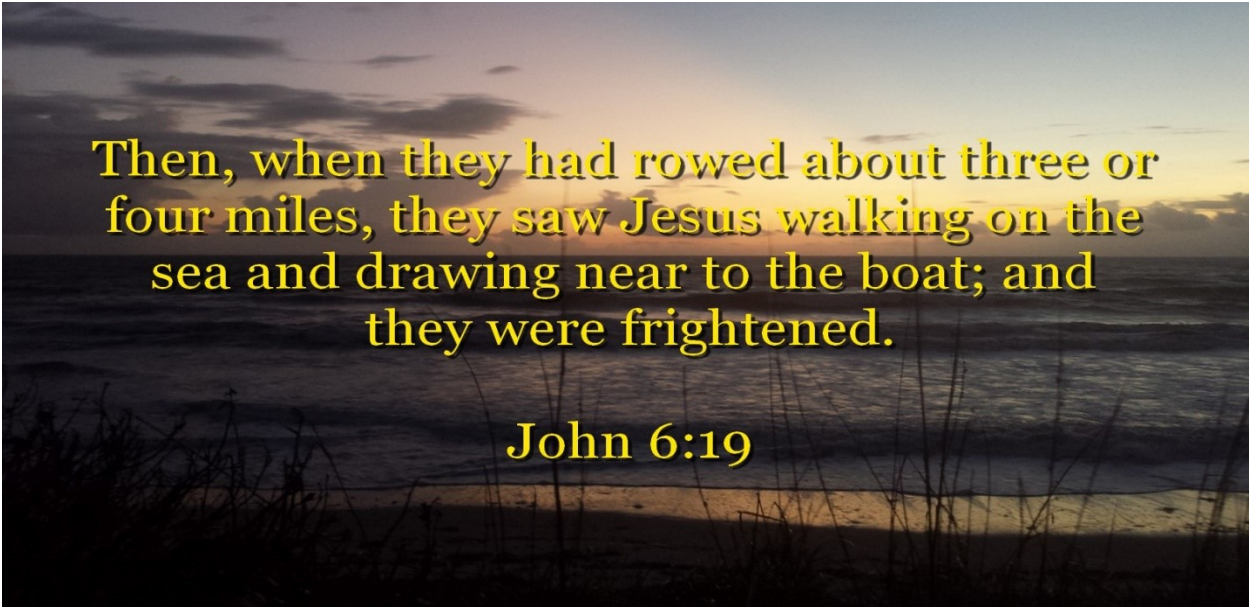
Pray that the Beloved will learn from Jesus how He will multiply all that we have already to bless many other people as He meets their needs with things we already have.

**HALLELUJAH !**



# 13

## Water Walking Counseling

A photograph of a sunset over the ocean. The sky is a mix of orange, yellow, and blue, with some clouds. The water is dark and calm. In the foreground, there are some dark, silhouetted plants or grasses. The text is overlaid in a yellow, serif font.

Then, when they had rowed about three or four miles, they saw Jesus walking on the sea and drawing near to the boat; and they were frightened.

John 6:19

### Opening

Pray that the Beloved would understand that Jesus has the power today to walk on water and that changes everything, even if His power frightens us.

Read John 6:15-21 with the Beloved.

### Discussion

After going to the other side of the Sea of Galilee, where Jesus fed 5000 men plus women and children, He saw that the crowds were going to make Him king by force. When evening came, the learners went back home

across the Sea of Galilee to Capernaum, but He Himself went up alone into the mountain.

After dark, Jesus had not come to them and a strong wind started blowing. After they had rowed their boat about three or four miles, they saw Jesus walking on the water and drawing near to the boat. They were frightened. Jesus said to them, "It is I, do not be afraid." So they were willing to receive Him into the boat, and immediately the boat was at their destination.

John wrote under the inspiration of God and every word matters. John emphasized Jesus walking on the water and the fear of the learners. When they saw Jesus up close and walking on the water, with the wind blowing and the waves pitching, they were far more scared of Jesus than anything else that night. They saw the power of Jesus displayed as He calmly walked across the water coming right to them.

As the winds blow in our lives and darkness falls around us, we can always see Jesus walking across the waves toward us. He does not strain against the wind and the waves pose no issue for Him. He wanted the learners to know that He did not need a boat and all by himself He could get back to Capernaum across the sea. Jesus expanded the understanding of the learners that wind, water and the waves never posed a problem for Him because He is Almighty God in the flesh and He created all things and holds them together by His power for His pleasure.

Knowing all things, Jesus knew the learners would be full of fear when they saw Him walking on the water at night. Seeing Jesus display a small part of His infinite power terrified the learners. In our lives when we see the infinite power of Jesus displayed around us, we may be terrified too. But we should learn to see Jesus doing the things that only God in the flesh can do. He loves to build our faith in Him by doing things only He can do.

1. **Rowed**. The learners rowed for three or four miles in the darkness with the wind rising.

2. **Jesus**. Jesus was walking on the sea with no problems in the darkness.

3. **Walking**. Jesus did not need a boat across the Sea of Galilee and the learners saw Him walking on the water at night as they rowed their boat.

4. **Sea**. Jesus created the sea and everything in it; He retained all power as Creator God to walk on the water, or part the sea, or dry it up altogether at His pleasure.

5. **Boat**. The learners rowed for hours in the boat.

6. **I**. When Jesus drew near the boat, the learners were frightened. Jesus knew they would be scared and said to them, “It is I; do not be afraid.”

7. **Frightened**. Seeing the power of Jesus walking on the water frightened the learners, but they certainly learned more about Jesus and His power.

### **Summary for Water Walking Counseling**

- **Exegetical Counseling means we learn Jesus walks on water and His learners were frightened.**
- **Exegetical Counseling means our fears often arise from not trusting Jesus to use His powers help us love Him more.**
- **Exegetical Counseling means that we understand the difference between knowing Jesus can walk on water and experiencing His power at work in our lives.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by helping people overcome their fears by seeing Jesus walking on the water straight towards them. Today are you learning to see Jesus walking on the water and coming straight to you?

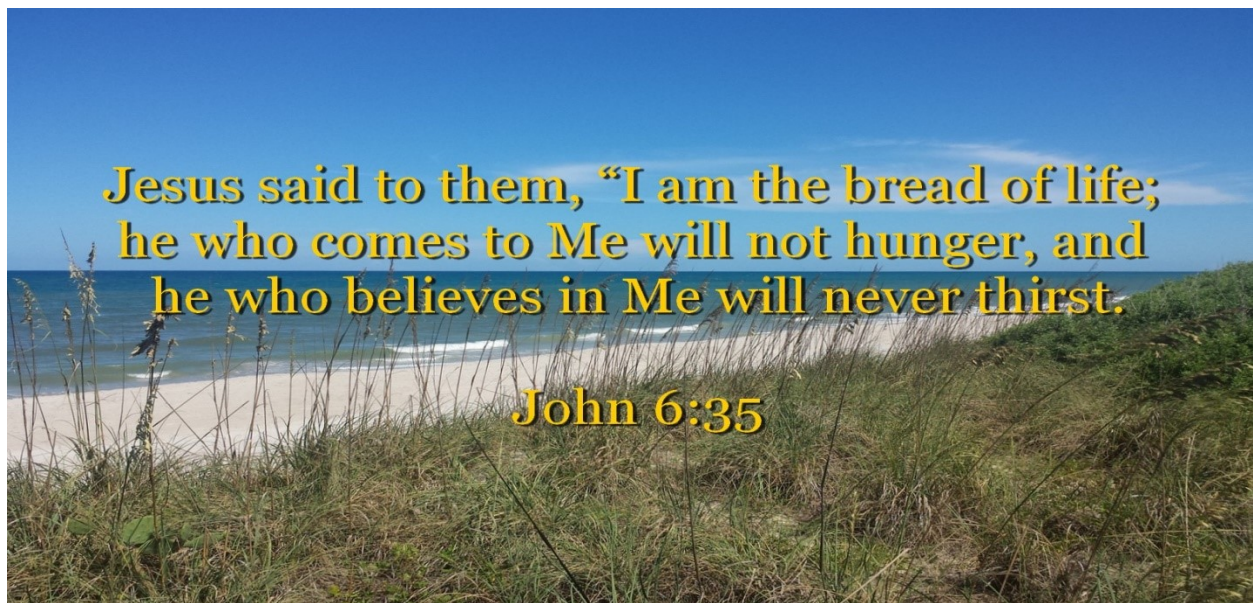
### **Closing**

Pray that the Beloved would see Jesus walking towards them on the water and telling them not to be afraid, it is I.

**HALLELUJAH !**

# 14

## Bread of Life Counseling



### **Opening**

Pray that the Beloved will understand that Jesus is the Bread of Life. Because we came to Jesus, we will never hunger. Because we believe in Jesus, we will never thirst.

Read John 6:26-40 with the Beloved.

### **Discussion**

After feeding the 5000, the crowd followed Jesus back to the Capernaum area. Jesus told the crowd that they were seeking Jesus only because they ate of the loaves and were filled, not because they saw signs.

Jesus then told them not to work for the food which perishes, but for the food which endures to eternal life, which the Son of Man will give to you, for on Jesus, the Father has set His seal.

The crowd then asked what they must do to work the works of God. Notice they focused upon doing good works to get into heaven. Jesus answered and told them that the work of God means that they must believe in Jesus whom God the Father sent. Then they asked Jesus for a sign. They said their fathers ate manna in the wilderness. Jesus responded that Moses did not give anyone bread out of heaven, but My Father gives you the true bread out of heaven. The bread of God comes down out of heaven and gives life to the world. The people cried out for that bread.

Jesus then declared, “I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst.” Jesus said that He always did the will of His Father. The will of God the Father was that Jesus would not lose anyone that the Father gave to Him. Jesus promised to raise up everyone the Father gave to Him on the last day. According to the Father’s will, Jesus would give eternal life to everyone who believes in Him for salvation and He will raise them up on the last day.

In our lives today, we need to remember that Jesus is the Bread of Life. He promised that everyone who comes to Him will never hunger. Notice that Jesus related coming to Him for salvation to never being spiritually hungry again. Jesus then said that everybody who believes in Him will never thirst. Jesus tied our faith to no more thirst. Just like coming to Jesus permanently relieves our hunger, so our faith in Jesus permanently relieves our thirst. The Beloved must understand coming to Jesus and continuing in faith in Jesus will provide all we need for eternity.

1. **Jesus**. Jesus explained to the crowd that He is the Bread of Life.
2. **I**. Jesus used an I AM statement, related to the I AM God of the Old Testament.
3. **Bread**. Jesus declared that He is the Bread of Life. Please recall that He was talking to the people who had followed Him after eating the bread He provided in the wilderness.
4. **Comes**. The people had come to Him because they ate the bread He provided. Jesus built upon that sign by explaining that He is the Bread of Life.



5. **Hunger.** The people who ate the bread in the wilderness were satisfied, but Jesus explained when people come to Him as Savior, they will never hunger spiritually for anything but Jesus because He is completely satisfying.

6. **Believes.** Jesus then explained that the one who believes in Jesus as Savior will never thirst.

7. **Thirst.** Jesus tied faith to thirst, so that our faith permanently relieves our thirst for anything but Jesus spiritually.

### **Summary for Bread of Life Counseling**

- **Exegetical Counseling means that everyone who believes in Jesus will never thirst and everyone who comes to Jesus will never hunger, because Jesus completely satisfies them.**
- **Exegetical Counseling means Jesus did works of power not only to help people, but also provided signs that God His Father had sent Jesus and the Father was well pleased with Jesus.**
- **Exegetical Counseling means we rejoice in Jesus today because in Him we are completely satisfied as to thirst and hunger.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by sharing with people what it means that Jesus is the Bread of Life. Today are you learning that when we come to Jesus for salvation, we will never hunger; when we believe in Jesus for salvation, we will never thirst?

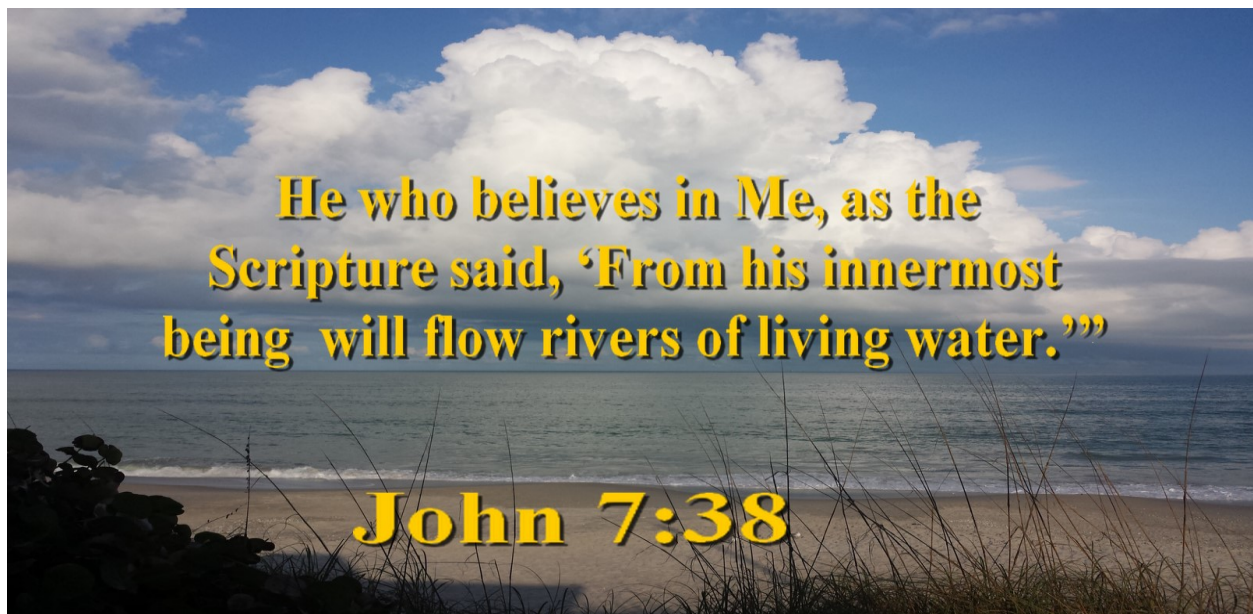
### **Closing**

Pray that the Beloved will understand how satisfying Jesus is as our Savior forever.

**HALLELUJAH !**

# 15

## Rivers of Living Water Counseling



### Opening

Pray that the Beloved will experience the flow of rivers of living water.

Read John 7:37-39 with the Beloved.

### Discussion

When Jesus came to Jerusalem for the Feast of Booths, the religious leaders had already determined that they wanted to kill Him. They were seeking the seize Him, but no one laid their hands upon Him because His hour had not yet come. In fact, when Jesus first appeared at the Feast, the

crowds were amazed that He even appeared, because they knew the religious leaders were seeking to kill Him, but they did not seize Him.

During the Feast of Booths, Jesus taught in the Temple and healed on the Sabbath. He infuriated the religious leaders. The crowd accused Jesus of having a demon because He claimed that He spoke for God. He also said that if anyone did the will of God, they will know that His teaching was from God. Jesus also indicted the crowd for not keeping the Law of Moses. Then Jesus explained that not only did the crowd fail to keep the Law of Moses, but they also sought to kill Him without cause.

On the last day of the Feast of Booths, the Great Day, Jesus stood and cried out, saying, “if anyone is thirsty, let him come to Me and drink. He who believes in Me, as the Scripture said, ‘from his belly will flow rivers of living water. ’” Jesus described the future for believers as having rivers of living water flowing from within them. Jesus meant that the Holy Spirit would come into every saint’s life after Jesus was glorified with His crucifixion, resurrection and ascension. Jesus always invited His worst enemies to repent and turn to Him for salvation. We should do likewise.

1. **Believes**. What happens when people believe in Jesus for salvation? The prophecy will be fulfilled that from that person’s belly will flow rivers of living water.

2. **Me**. Jesus focused belief upon Himself as Messiah and the Son of God.

3. **Scripture**. Jesus indicated that the Old Testament prophecy would be fulfilled.

4. **Flow**. The living water will flow from the belly of the saint.

5. **Rivers**. It will be like rivers flowing forth.

6. **Living**. The water will be swirling and moving with the power of God.

7. **Water**. That water will be unlike any other, because it will be the power of the Holy Spirit working within the saint.

## **Summary for Rivers of Living Water Counseling**

- **Exegetical Counseling means the prophecies of Jesus always come true.**
- **Exegetical Counseling means we encourage the Beloved to experience the rivers of living water flowing forth from within them.**
- **Exegetical Counseling means Jesus promised that he would baptize with the Holy Spirit and so every saint would have rivers of living water flowing from within.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by helping every saint to experience the rivers of living water flowing forth from within them. Today are you learning that all the prophecies of Scripture always come true in due time?

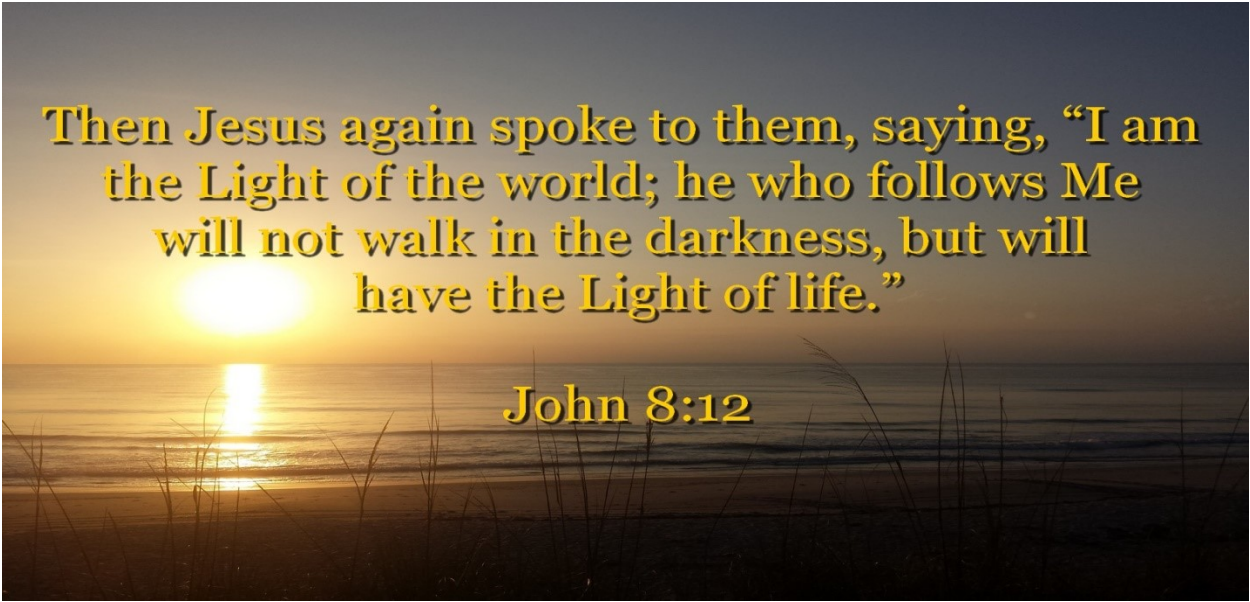
## **Closing**

Pray that the Beloved would experience the full power of the rivers of living water flowing forth from within them.

**HALLELUJAH !**

# 16

## Light of Life Counseling



Then Jesus again spoke to them, saying, “I am the Light of the world; he who follows Me will not walk in the darkness, but will have the Light of life.”

John 8:12

### **Opening**

Pray that the Beloved will know that Jesus is the Light of the World and everyone who follows Jesus will not walk in darkness, but will have the Light of Life.

Read John 8:12-20 with the Beloved.

### **Discussion**

Jesus had discussions with the Pharisees. They were very religious men who never knew God and hated Jesus. They were trying to condemn



Pallet Man for carrying his pallet on the Sabbath. Of course, Jesus had healed him on the Sabbath and told him to pick up his pallet and go home.

Jesus told the Pharisees that He was the Light of the World. Jesus meant that everyone who followed Him would not be walking in darkness, because they would be following Him and He would be the light. Jesus then called Himself the Light of Life. So not only would people who follow Him not be walking in darkness, the life they lead would also be transformed. As they follow Jesus, the Light of Life, the people following Him would gain a brand-new life, doing His will by following Him.

Today very religious people walk in darkness. They have never known Jesus, the Light of Life. They have never met the Light of the World. Jesus was making very exclusive claims here. He said when you followed Him, your life would be filled with His life. Not only does Jesus light the way and keep you out of darkness, but He becomes the Light of Life in your life. Until you follow Jesus every day, you will certainly walk in darkness.

Today we know we are walking in darkness when we are not acting like Jesus. Our anxieties, angers, fears, doubts, and all manner of evil live in the darkness and thrive in the darkness. Yet, the Light of Life immediately clears the darkness out of our lives. As we follow Him, the Light of the World, He becomes to us the Light of Life.

1. **Jesus**. Jesus told the Pharisees that He was the Light of the World and then explained in simple terms what He meant. Please recall that Jesus had just healed Pallet Man and the Pharisees were spoiling for a fight with Him.

2. **I**. Jesus said that I am the Light of the World.

3. **Light**. Jesus was identified as the light several times in the Gospel of John.

4. **Follows**. Jesus said that everyone who follows Him will not walk in darkness. Jesus was talking about spiritual darkness and made a sweeping promise. Every single person who follows Jesus will never walk in darkness.

5. **Walk**. Walking in darkness means stumbling and staggering through life spiritually. Only when you follow the Light of the World can you stop stumbling.

6. **Darkness**. Walking in darkness means that you are not following Jesus and you do not have the Light of Life in your life. When you understand that you are a sinner who falls short of the glory of God, then you immediately understand that the only way to stop walking in darkness, sinning as you go, will be to have the Light of Life in your life.

7. **Life**. We have the Light of Life in our lives by faith in the Lord Jesus Christ. As we follow Him spiritually every day, He promised we will never walk in darkness again.

### **Summary for Light Counseling**

- **Exegetical Counseling means that we follow Jesus every day.**
- **Exegetical Counseling means that Jesus is the Light of the World, and as we follow Him, we will no longer walk in darkness.**
- **Exegetical Counseling means that Jesus is the Light of Life, and only those who follow Him have the Light of Life.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by learning to follow Jesus every day so that we no longer walk in darkness, but follow Him, the Light of the World. We have the Light of Life simply by walking behind Him and following Him every day. Today are you learning to follow the Light of the World, so that you have the Light of Life?

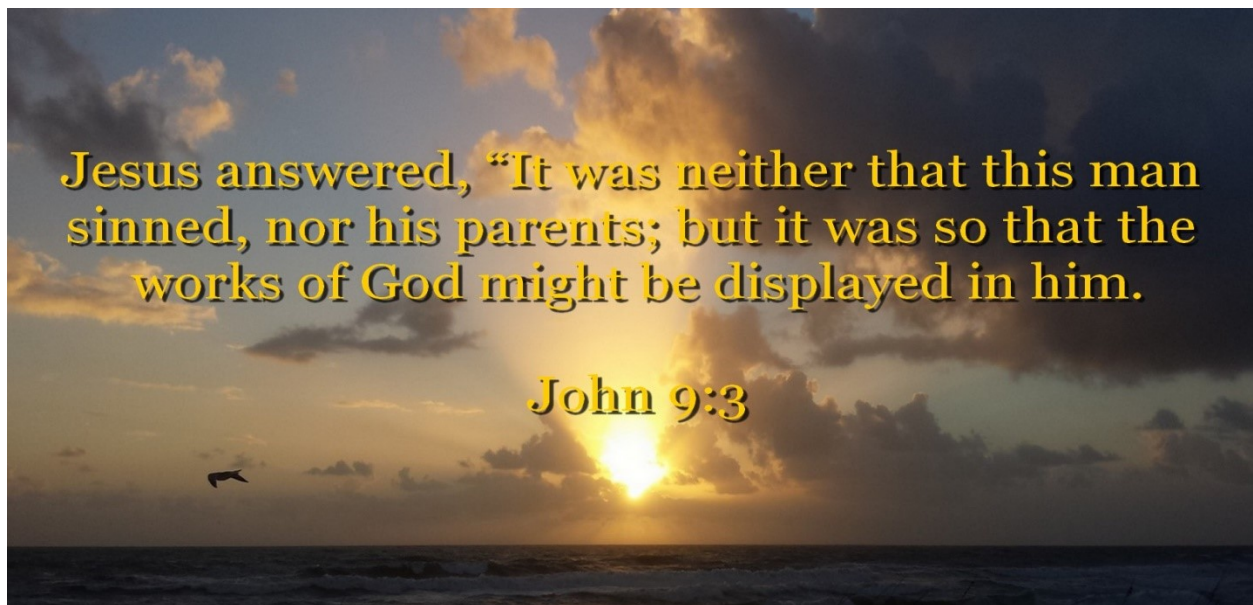
### **Closing**

Pray that the Beloved will walk following Jesus, so that they no longer walk in darkness. As they follow the Light of the World, they have the Light of Life.

**HALLELUJAH !**

# 17

## Blindness Counseling



### **Opening**

Pray that the Beloved would understand that all illness does not result from sin, but some illness may be used to display the glory of God.

Read John 9:1-12 with the Beloved.

### **Discussion**

Jesus passed by and saw a man blind from birth (Man Born Blind). The learners asked Jesus if that man had sinned or his parents. Clearly, the learners attributed all illness to sin. Jesus wanted His learners to know that

was not true, but rather the blindness was so that the works of God might be displayed in him.

Jesus wanted His learners to understand how sin works and how the glory of God works. On the one hand, people should not immediately attribute all sickness or bodily problems to sin. With Man Born Blind, Jesus intended to work the works of God and glorify God by healing Man Born Blind.

Jesus wanted His learners to see the glory of God at work in Jesus. In order for the learners to carry on the ministry of Jesus after His death and resurrection and ascension, they must understand how God works in this world. They must understand the compassion of God and the love of God. Jesus had to train His learners to understand God's works and He did so by using graphic examples that they would never forget.

Jesus has to train learners today and in every generation. We must overcome our false attributions of disease to sin. Rather than focusing upon the disease, or the blindness in this case, Jesus intends for us to focus upon the works of God. Jesus went on to heal Man Born Blind and display His glory. Jesus wanted His learners to believe that He could heal anyone at any time for any reason. Beyond the power to heal, Jesus wanted them to understand how healing a person fit into the bigger plan of God. Merely healing a person did not produce salvation and that man. God is not willing for any to perish, but for all to come to repentance.

Therefore, Jesus wanted the learners to learn that Jesus had great compassion upon people and loved people and wanted to help people. He primarily wanted to help them with salvation first and foremost, by faith in Him. Physical healing was never an end in itself for Jesus. The learners needed to understand that healing people promoted faith in Jesus as Savior and Lord. Physical healing revealed the great love and compassion of Jesus Christ for all people.

The Beloved must understand the great love and compassion of Jesus Christ for every person on earth, including the Beloved. Jesus did not heal every sick person on earth, but He did provide the means of salvation for every person on earth. We have been called to share the salvation of Jesus Christ with the world, not to heal every person with physical diseases or disabilities.

Jesus ministers to people today with a wide variety of physical illnesses and disabilities. His compassion remains exactly the same as the day He healed Man Born Blind. Furthermore, Jesus provides spiritual sight by faith to everyone who calls upon His Name today, which is a far greater gift than physical healing. The Beloved must encourage people to let Jesus open their eyes to blindness today so that they may see the Savior standing in front of them with all of His love and compassion.

1. **Jesus**. Jesus answered questions from His learners frequently. Jesus trained His learners every day, not only as they watched Him, but also as He interacted with them.

2. **Sinned**. The learners were concerned about who sinned, because they were sure that someone must have sinned because this man was born blind. The learners were not concerned about the compassion of Jesus to heal the man.

3. **Works**. Jesus taught His learners that the blindness provided an opportunity for God to display His works through that blindness.

4. **God**. Jesus always did the works of God, by following the will of His Father. Therefore, by healing Man Born Blind, Jesus could demonstrate the works of God through the healing of Man Born Blind.

5. **Displayed**. Jesus intended that the works of God would be displayed in Man Born Blind.

6. **In**. Man Born Blind would provide lifelong testimony to the works of God performed by the Lord Jesus Christ in Man Born Blind.

7. **Him**. Man Born Blind would be a living witness to the works of God in his life from that day forward. His life would never be the same. Everybody who believed in Jesus because of the works of God displayed in them would also never be the same. The learners needed to learn that the works of God lead some people to salvation in the Lord Jesus Christ the Savior.



### **Summary for Blindness Counseling**

Jesus performed blindness counseling with Man Born Blind. As Counselor Jesus healed Man Born Blind and also displayed the works of God in him. Jesus intended that His learners learn more about the works of God and how sin does not cause every human affliction.

- **Exegetical Counseling means the Beloved must understand that not every human illness or disability comes from sin.**
- **Exegetical Counseling means Jesus trains people to see the works of God displayed in people every day.**
- **Exegetical Counseling means that learners, in the Name of Jesus, must work the works of God in people every day.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by watching Jesus perform the works of God in people every day. Today are you learning to see the works of Jesus Christ in people displaying the power of God in them every day?

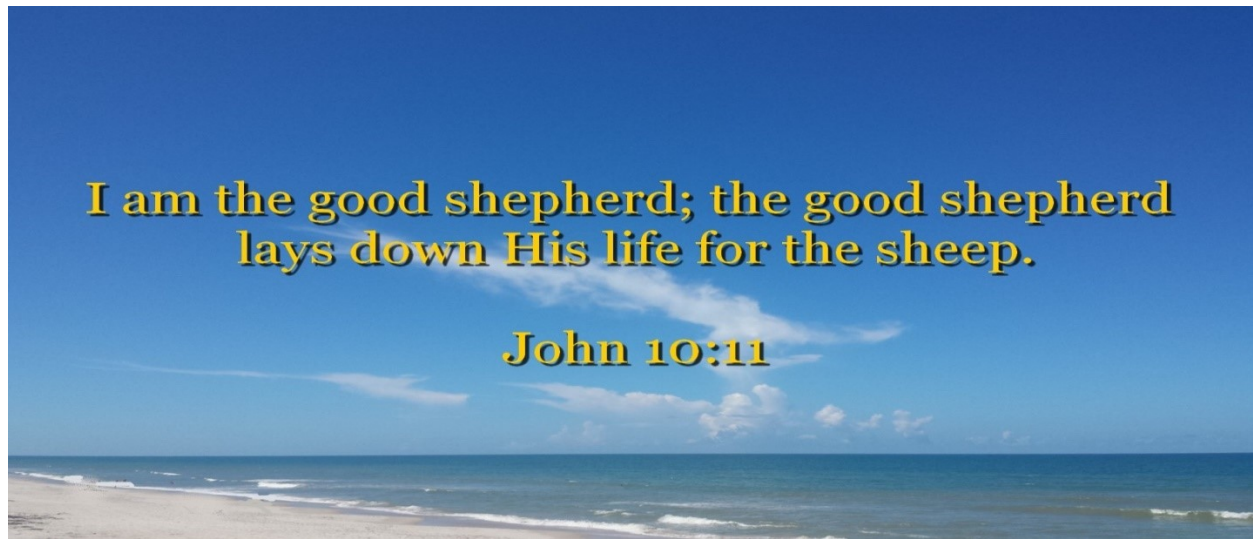
### **Closing**

Pray that the Beloved would learn to see Jesus displaying the power of God in people every day.

**HALLELUJAH !**

# 18

## Good Shepherd Counseling



### **Opening**

Pray that the Beloved would understand that Jesus is the Good Shepherd Who lays down His soul for the sheep.

Read John 10:1-18 with the Beloved.

### **Discussion**

Jesus healed Man Born Blind and touched off a religious firestorm about healing on the Sabbath. Jesus told the religious leaders that they were blind because they thought they saw. To illustrate their spiritual blindness, Jesus described Himself as the Good Shepherd.

Jesus described the Good Shepherd as the One who lays down His soul for the sheep. Jesus also told the religious leaders that they were thieves and robbers and wolves. The thief comes to steal and kill and destroy, but Jesus came that the sheep might have life and have it abundantly.

When the hired hand sees the wolf coming, he flees and the wolf snatches the sheep and scatters them. The hired hand is not concerned about the sheep. As the Good Shepherd, Jesus knows His own and His own know Him, just as the Father knows Jesus and Jesus knows the Father.

Jesus wants all the sheep to know that He laid down His soul for them. In our lives, we must depend upon Jesus to have an abundant life. He alone delivered us from the thieves, robbers and wolves. Jesus protects us from all evils. We know His voice and He knows our names. To have an abundant life, we simply follow Jesus and listen to His voice. We go in and out listening to His voice all the day.

1. **I.** Jesus said, “I Am the good Shepherd.”
2. **Good.** Jesus said only God is good.
3. **Lays.** Because Jesus cares for the sheep, He does not run when the wolf comes, but lays down His soul for the sheep.
4. **Down.** By laying down His soul for the sheep, Jesus wants all of His sheep like us to know that we have nothing to worry about.
5. **Soul.** Jesus used the term soul to emphasize and He was laying down his body for us. Jesus also had the power to take His soul up again.
6. **For.** The concern Jesus has for the sheep rests upon His great love for us.
7. **Sheep.** We are the sheep of His pasture and we know the Good Shepherd and He knows each of our names.

## **Summary for Good Shepherd Counseling**

- **Exegetical Counseling means Jesus is the Good Shepherd of every believer.**
- **Exegetical Counseling means Jesus laid down His soul for us and took it up again.**
- **Exegetical Counseling means we encourage one another knowing that Jesus had the authority to take up His soul again and He remains forever the Good Shepherd.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by trusting the Good Shepherd to protect us and lift us up to the abundant life every day. Today, are you learning to love the Good Shepherd and follow Him today into the abundant life?

## **Closing**

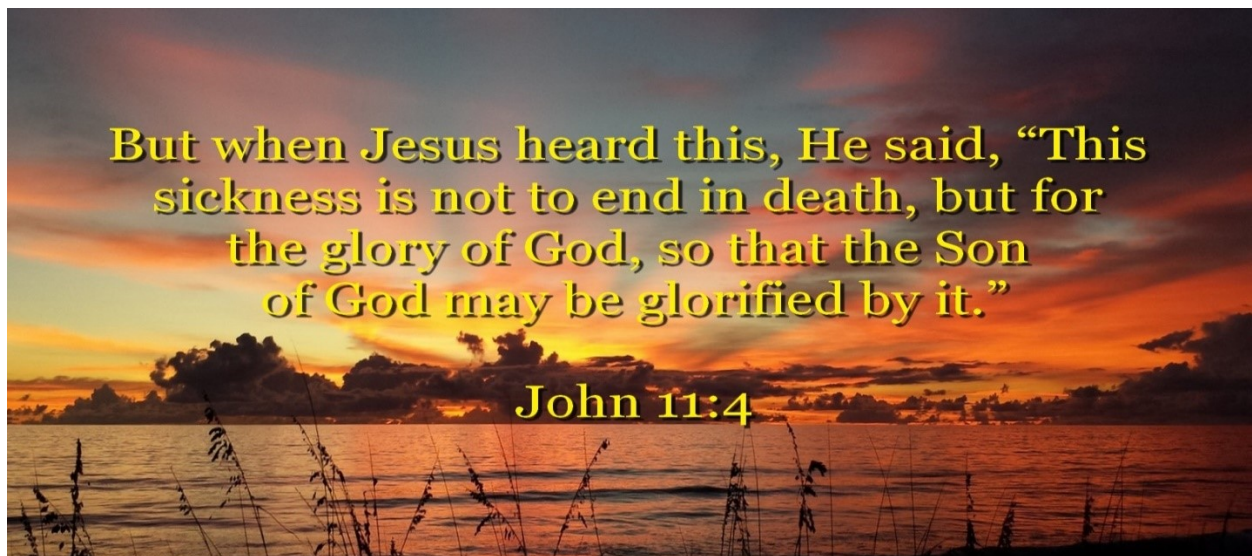
Pray that the Beloved will listen to the voice of Jesus today and follow the Good Shepherd into the abundant life.

**HALLELUJAH !**

# 19

## Lazarus

### Counseling



#### **Opening**

Pray that the Beloved would understand that some sickness is for the glory of God, so that the Son of God may be glorified by it.

Read John 11:1-16 and John 11:38-44 with the Beloved.

#### **Discussion**

Mary, Martha and their brother Lazarus lived in Bethany and were good friends with Jesus. Lazarus fell ill and the family sent for Jesus to come and heal him. Instead of coming right away, Jesus delayed, but told His learners that the sickness would bring glory to the Son of Man. The

learners understood that Bethany was in Judea, and the Jews there had already tried to kill Jesus.

When Jesus drew near to Bethany, Martha went to meet Him. She told Jesus that if He had come sooner, Lazarus would not have died. She believed that Jesus could heal the sick, but she was about to learn that Jesus could raise the dead. Jesus arrived in Bethany and saw everyone weeping over the death of Lazarus. Jesus was deeply moved in spirit and troubled, asking where they had laid Lazarus. Jesus wept.

Deeply moved in spirit again, Jesus came to the tomb of Lazarus and the stone was laid against the mouth of the cave. Jesus ordered the stone removed, but Martha said that Lazarus stank, being in there four days. Jesus reminded her that He said that if she would believe, she would see the glory of God. They removed the stone and Jesus prayed to His Father, thanking Him that He always heard Jesus. Jesus also prayed that everyone there would believe that the Father sent Him. With a loud voice, Jesus commanded Lazarus to come forth. Lazarus came forth bound hand and foot with wrappings and his face was wrapped with a cloth. Jesus gave orders for Lazarus to be unwrapped and let go. Many of the Jews there believed in Him.

1. **Jesus**. Jesus heard the news that he whom Jesus loved was sick.
2. **Heard**. The sisters of Lazarus had sent word to their friend Jesus.
3. **Sickness**. Jesus said that the sickness would not end in death.
4. **Death**. Jesus knew that God had plans for Lazarus beyond his physical death.
5. **Glory**. Jesus explained that the death of Lazarus would result in the glory of God.
6. **God**. God can use physical sickness to glorify Himself, and people who believe the words of Jesus and receive Him as Savior will see the glory of God.
7. **Son**. The Son of Man would also be glorified in Lazarus.



### **Summary for Lazarus Counseling**

- **Exegetical Counseling means God has unlimited power over all things.**
- **Exegetical Counseling means Jesus did grief counseling by raising Lazarus from the dead.**
- **Exegetical Counseling means we encourage one another with a promise from Jesus that He will raise up all believers to glorified bodies one day.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by reminding them of God's infinite power over sickness and death. Today are you learning to see the glory of God in all sickness and He will raise up the dead on the last day?

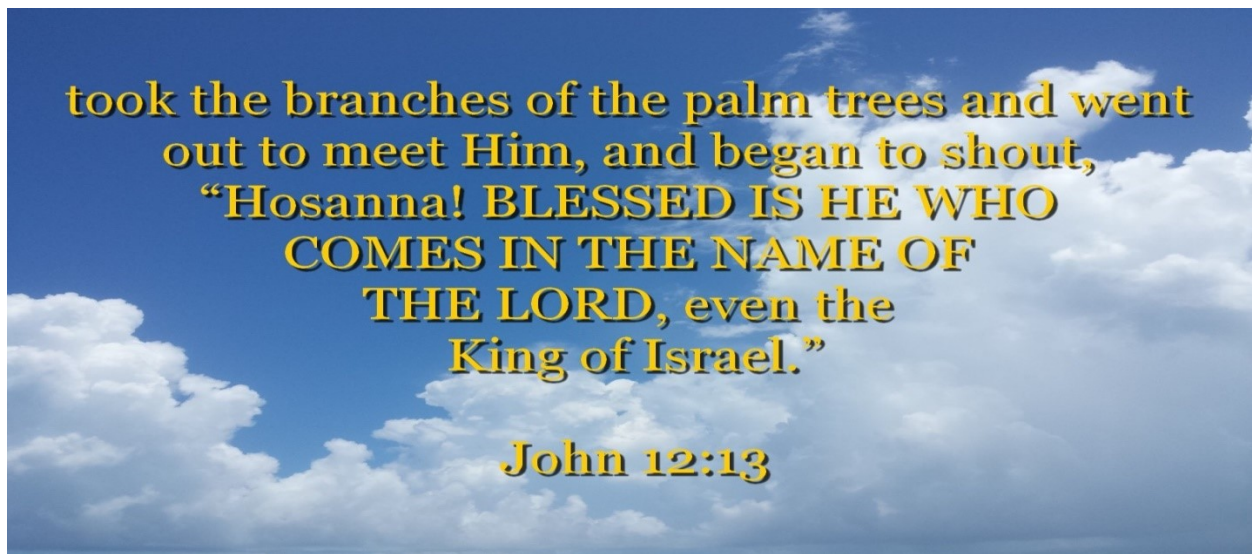
### **Closing**

Pray that the Beloved would understand the infinite love and power of Jesus, that He wept with those who wept, and if we believe, we will see the glory of God in sickness and on the last day Jesus will raise us up.

**HALLELUJAH !**

# 20

## Triumph Counseling



### **Opening**

Pray the Beloved understands that Jesus is the King of Israel and we should all sing hosanna to His Name.

Read John 12: 12-19 with the Beloved.

### **Discussion**

Six days before the Passover at Bethany, Mary anointed Jesus for burial later that week. Jesus smelled great when He rode into Jerusalem. The next day the large crowd which had come to the feast heard that Jesus was coming to Jerusalem. They took palm branches and went out to meet

Him, shouting, “Hosanna! Blessed is He Who comes in the Name of the Lord, even the King of Israel.” Jesus was riding on a young donkey, fulfilling the prophecy that He would come seated on a donkey’s colt.

The learners did not understand the significance of what they were watching until Jesus was glorified later. Then they remembered the things that were written of Jesus and that they had done these things to Him. So often in our lives, we understand what happened by looking in the rearview mirror, but it escaped us at the time.

A large group of people had followed Jesus after He had raised Lazarus from the dead. That group continued to testify about Jesus. Therefore, many people went out to see Jesus because of their testimony. Meanwhile, the Pharisees were grumbling among themselves that the whole world had gone after Jesus.

Although Jesus was certainly the King of kings and Lord of lords, He fulfilled prophecies of the Old Testament describing Him entering Jerusalem as a Humble Servant, not a victorious King. Although the crowds greeted Him and cheered Him on, they had no idea that He intended to lay down His soul for them and die for their sins, so that they could live eternally with Him. Jesus will certainly return in the future as King and will reign for 1000 years on this earth. The saints will join Jesus in that reign. Jesus triumphantly entered Jerusalem, but His triumph was in doing the will of God to sacrifice Himself so that we may enjoy eternal life at His sole expense.

1. **Branches**. The crowd took branches of the palm trees and went out to meet Jesus.

2. **Palm**. The palm branches were used to pave the way for Jesus.

3. **Hosanna**. The people were crying out for salvation and they believed Jesus was coming to deliver them.

4. **Blessed**. They quoted the Old Testament about the Blessed One coming to Jerusalem.

5. **Comes**. They understood that their Savior comes seated upon a donkey’s colt.

6. **King**. They recognized Him as coming in the Name of the King of Israel.

7. **Israel.** The people of Israel actually generally rejected Jesus as Savior, although some believed in His Name for salvation.

### **Summary for Triumph Counseling**

- **Exegetical Counseling means we see Jesus coming to Jerusalem with crowds crying out Hosanna, but completely misunderstanding the plans of Jesus.**
- **Exegetical Counseling means we must remember Jesus suffered in Jerusalem that same week by laying down His soul for us by being crucified on a cross.**
- **Exegetical Counseling means we encourage one another by remembering Jesus riding on a donkey's colt, coming in the Name of the Lord, and ready to save every person having faith in Him as Savior.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by remembering Jesus triumphantly entering Jerusalem with the people crying out Hosanna, but ready to crucify Him later that week. Today are you learning to worship Jesus for the triumphal entry so that He triumphed over death and sin by providing salvation through His blood on the cross so that we might live in the triumph of our faith in Him for eternity?

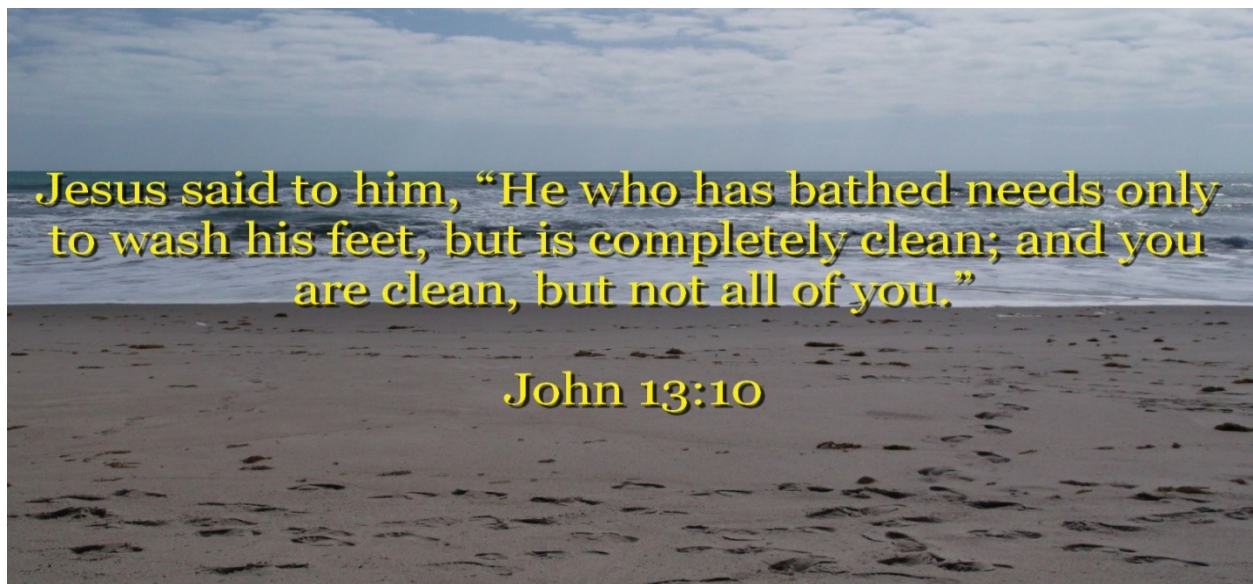
### **Closing**

Pray that the Beloved will see the true triumph of Jesus in laying down His soul for us that we might triumph in Him for eternity.

**HALLELUJAH !**

# 21

## Washing Counseling



### Opening

Pray that the Beloved will understand what Jesus did when He washed the feet of His learners the night before He was crucified.

Read John 13:5-20 with the Beloved.

### Discussion

Jesus planned on eating His last meal with His learners. The learners were gathered in an upper room and had supper together. The devil had already put into the heart of Judas Iscariot to betray Jesus. Jesus knew that He had come forth from God and was going back to God. While everyone

was gathered around the supper table, Jesus began to wash the learners' feet.

Peter asked Him why He was washing his feet and Jesus told him that he would understand later what Jesus was doing. Peter objected but Jesus said if I do not wash your feet, you have no part with Me. Peter then demanded that Jesus wash all of him. Jesus replied that he who has bathed needs only to wash his feet and is completely clean. He told Peter the learners were clean, but not all of them, referring to Judas Iscariot as unclean.

The night before His crucifixion, Jesus humbled Himself and meekly served the learners by washing their feet. Jesus exemplified that the greatest among you shall be your servant. Jesus was not focused upon His own suffering right around the corner, but upon setting a final example for His learners to learn humility and the value of serving others. The greatest among them served them.

1. **Jesus**. The night before Jesus was crucified, He set an example for the learners they would never forget.

2. **Bathed**. Jesus took the position of a servant and washed their feet, teaching them that they were already bathed.

3. **Feet**. Because they were bathed, only their feet needed to be washed. Jesus meant that they were clean spiritually by faith in Him as Savior, but not all of them.

4. **Completely**. Saving faith in Jesus completely cleansed the learners spiritually.

5. **Clean**. In God's eyes, all the learners had been cleansed spiritually, so that only their feet needed to be washed by Jesus, acting like a servant to all of them, including Judas Iscariot who would betray Him soon.

6. **Not**. Jesus knew that not all of the learners were clean, yet He washed all of their feet.

7. **All**. Judas Iscariot betrayed Jesus that same night, so Jesus knew that not all of them were clean spiritually.

### **Summary for Washing Counseling**



- **Exegetical Counseling means Jesus set the example for all the learners by acting as their servant.**
- **Exegetical Counseling means Jesus served even Judas Iscariot by washing his feet, but he was not clean.**
- **Exegetical Counseling means we encourage one another by serving one another like Jesus served the learners on the night before He died on the cross.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by serving them as Jesus served the learners on the night before He was crucified. Today are you learning to serve the other learners, taking the position of a servant?


### **Closing**

Pray that the Beloved would follow the example of Jesus in serving others, even as He knew the next day He would hang on a cross and die a terrible death.

**HALLELUJAH !**

# 22

## Troubled Counseling



Do not let your heart be troubled; believe in God,  
believe also in Me.

John 14:1

### **Opening**

Pray that the Beloved will learn how to overcome denying Christ by their words and actions.

Read John 13:36-38 and John 14:1-6 with the Beloved.

### **Discussion**

Jesus explained to His learners that He was going away. He said where He was going, they were unable to follow now. Later they would follow. Peter responded to that by declaring that he would lay down his soul

for Jesus. Jesus then told Peter that before the clock crowed that night, Peter would deny Him three times.

If the story ended there, we would all be discouraged. We would see Peter as a denier of Christ and imagine that Jesus would have nothing more to do with Peter. Peter would be lost forever because he had denied Jesus and even cursed in the Name of Jesus. Peter even denied Jesus in front of everybody. He not only denied Jesus just once, he denied Jesus three times.

Jesus told Peter that he was going to deny Jesus to help Peter and all the other apostles get past such a terrible sin. In our lives when we sin terribly and notoriously, we should always remember Peter and his denials of Jesus. Peter can help you get past the worst denials of Jesus in your life.

Jesus commanded Peter not to let his heart be troubled. But Jesus said that to all the learners at the same time by using the plural “your.” Jesus wanted all the learners to know that Jesus was going to be denied and, yet, Peter should not let his heart be troubled. Jesus was telling Peter and all the learners do not let the trouble of denying Jesus linger in your heart. Do not let the devil twist you in knots continually because you denied Jesus. If you were a believer in Jesus and born-again before you denied Him, then you are a believer and born-again after you denied Him. Your works never separate you from the love of God. You were not saved by good works and you cannot lose your salvation for any reason, especially for not maintaining good works. You can deny Jesus and you will never lose your salvation.

Jesus then told all the learners that they must continue to believe in God and believe in Jesus. The devil always wants to destroy our faith in God and our faith in the Lord Jesus Christ. One way he attacks our faith is through the denials. Then he attacks us after our denials by keeping that trouble going in our hearts so we lose our faith focus on the Father and the Son. So, Jesus was telling Peter and all the learners keep on believing. Remember that Jesus always gives you the spiritual power to keep all of His commands. Jesus never commands us to do things that He does not empower us to do.

Jesus then told Peter and all the learners that He was leaving to prepare a place for them in His Father’s house. Jesus wanted Peter to be with Him for all eternity, even after all the denials. Furthermore, Jesus wanted Peter to know he would be welcome in God the Father’s house for all eternity.

1. **Not**. Jesus exercises absolute authority over our hearts when we let Him. He commanded us not to let our hearts be troubled after denying Him.
2. **Heart**. Our hearts can be filled with joy or trouble, and that depends upon trusting God to produce joy or trouble in our hearts.
3. **Troubled**. Our hearts can be troubled by focusing upon the denials, or it can be joyful by remembering the forgiveness of Jesus Christ for such denials.
4. **Believe**. We experience the love, peace, joy, happiness, forgiveness and cleansing of Jesus Christ by believing in Him continually. He cleansed us from sin before and He is faithful and righteous to do it over and over and over.
5. **God**. Jesus commanded us to believe in God after we deny Jesus. We should never lose our faith focus upon God the Father.
6. **Believe**. Jesus commands our faith which He gave to us as a gift of God.
7. **Me**. Jesus commanded us to maintain our faith in Him after our denials. Our denials will never undo our salvation. Once saved, always saved.

## **Summary for Troubled Counseling**

- **Exegetical Counseling means we all will deny Jesus with our words and our deeds.**
- **Exegetical Counseling means Jesus commands us to not let our hearts be troubled after we deny Him repeatedly, but to believe in God and believe also in Jesus after we have denied Him repeatedly.**
- **Exegetical Counseling means Jesus wants us to remember after we have denied Him repeatedly that He wants us to be in the Father's house with Him forever.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by helping people overcome denying Christ repeatedly by turning them to the Scriptures to hear Jesus say do not let your heart be troubled, believe in God, believe also in Me. Today are you learning to overcome your denials of Christ?

## **Closing**

Pray that the Beloved learns how to overcome denying Christ.

**HALLELUJAH !**

# 23

## Abiding Counseling



### **Opening**

Pray that the Beloved would learn to bear much fruit by abiding in Jesus.

Read John 15:1-11 with the Beloved.

### **Discussion**

Jesus described Himself as: “I am the vine.” Jesus said that His Father was the vine dresser. The Father cleanses the vines so that they will



bear more fruit. Jesus told the learners that they were already clean because of the word that He had spoken to them. He commanded His learners: “Abide in Me and I in you” (plural).

Jesus and His Father constantly work together with His learners. With the best intentions They work so that the learners may bear more fruit and much fruit for Jesus to the glory of God. The learners do that by learning to abide in Jesus and all that that entails.

Jesus said that whoever abides in Him and I in Him, he bears much fruit. Unless we abide in Jesus, we are not able to do anything. Jesus is not teaching that people lose their salvation by not abiding in Him. Jesus plainly stated that the Father cuts off every branch that does not bear fruit. Jesus distinguished the work of the Father in cleansing branches and cutting off branches. The learners were already clean because of their faith in the Lord Jesus Christ as Savior. The Father cleanses those learners so that they bear much fruit.

In contrast the branches that never bear fruit the Father cuts off and they are thrown into the fire. Believers are never thrown into the fire because they are going to heaven. Some people hang out at church, say prayers and may even teach Sunday school, but they were never born again and never bore any fruit for Christ. Only born-again people can bear fruit for Christ.

In our lives we need to make sure that we are intent upon abiding in Jesus every day. We should expect the cleansing work of God the Father in our life every day so that we will bear more fruit for Jesus. As we tend to branch off in the activities that do not glorify God, we can expect the Father to cleanse us so that we no longer pursue things that do not lead to more fruit for Jesus. Furthermore, Jesus wants us to keep in mind all day every day that unless we abide in Him we could do nothing. Our lives need to be entirely about Jesus and doing His will every day, all day.

1. **I.** Jesus described Himself as the vine. He used a very simple illustration to illustrate a very deep theological truth.

2. **Vine.** Jesus said that the learners are the branches of the vine. We know that if a branch becomes separated from the vine, it will soon perish for lack of nourishment which only the vine can provide.

3. **Branches.** As branches we must stay connected to the vine at all times to be nourished and bear fruit.

4. **Abiding**. Jesus emphasized that the saints who abide in Him and He in them will bear much fruit.

5. **Fruit**. Jesus described fruit as the result of abiding in Him and the Father's activity in cleansing the branches.

6. **Apart**. Jesus also wants every saint to remember that apart from the Vine, Jesus, we can do nothing.

7. **Nothing**. Without Jesus, all our plans go nowhere worthwhile. Worthwhile activity will always bear fruit for Jesus and be a product of Him abiding in us and us in Him.

### **Summary for Abiding Counseling**

- **Exegetical Counseling means we recognize that the only fruit we can bear in our lives to glorify God results from abiding in Jesus and Jesus abiding in us.**
- **Exegetical Counseling means unless we abide in Jesus, we can do nothing. If our lives feel like we are doing nothing, we know that we are having a problem abiding in Jesus.**
- **Exegetical Counseling means we encourage one another to abide in Christ and He in us, knowing that unless we abide in Him we can do nothing.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by encouraging one another to abide in Christ and He in us. Today are you learning that unless you abide in Christ you can do nothing?

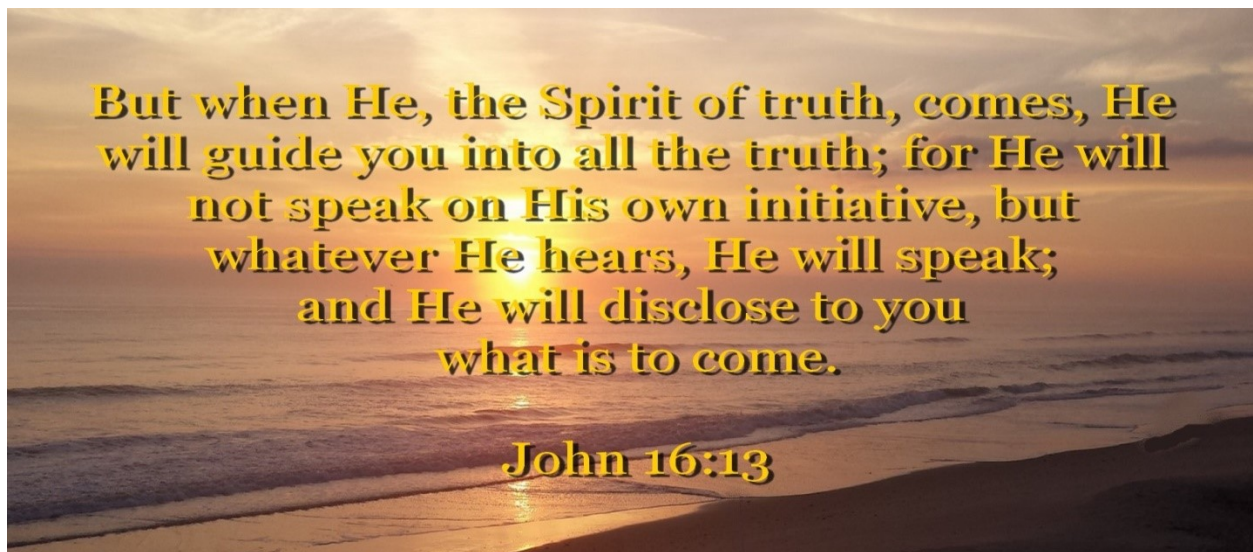
### **Closing**

Pray that the Beloved would give up everything that leads to nothing by abiding in Christ.

**HALLELUJAH !**

# 24

## Holy Spirit Counseling



### Opening

Pray that the Beloved will understand the Spirit of Truth guides us into all truth.

Read John 16:5-15 with the Beloved.

### Discussion

As Jesus prepared His learners for His crucifixion, He taught them about the Holy Spirit. Jesus was going back to heaven, but Jesus promised that He would send the Holy Spirit to the learners. Jesus identified the Holy Spirit with several names, including Helper and Spirit of Truth.

Jesus said that the ministry of the Holy Spirit would be so powerful that it was to your advantage that Jesus went away and the Holy Spirit comes to them. In the Old Testament, the Holy Spirit abided with believers and came upon them to enable them to perform specific ministries for God. In the New Testament Jesus promised that the Holy Spirit would be indwelling believers after Jesus ascended to heaven. That day of indwelling arrived at Pentecost, 50 days after Passover. The Holy Spirit filled the apostles in Jerusalem and everything changed.

In our lives the Holy Spirit proclaims the truth of God to us. The Holy Spirit searches out the deep things of God and makes them known to us. He guides us into all the truth. He does not speak on His own initiative, but whatever He hears from the Father, He speaks to us. The Holy Spirit also proclaims to the learners what will happen in the future. He will take the things of Jesus and disclose them to the learners. Jesus said that the Holy Spirit will take of Mine and will disclose it to you. All things that the Father has are Mine. Therefore, I said that He takes of Mine will disclose it to you. The net effect of that disclosure means that the Holy Spirit, as God, discloses all the things of Jesus and His Father we need for life and Godliness.

Each day we need to learn for the Holy Spirit to control our lives as we walk in the Holy Spirit. By the power of the Holy Spirit we overcome the lust of the flesh. He produces in us His fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. At the moment of salvation, Jesus baptized the Beloved in the Holy Spirit and the Holy Spirit began to indwell the Beloved. From that moment on, the Holy Spirit works in our lives so that we glorify God as we follow Jesus filled with the Holy Spirit.

1. **Spirit**. The Holy Spirit comes into our life and ministers to us from the moment of salvation.

2. **Truth**. Jesus called the Holy Spirit the Spirit of Truth to illuminate the ministry of revealing truth from God in our lives.

3. **Guide**. Jesus said that the Holy Spirit would guide us into all the truth. By the power the Holy Spirit and His leading, we can distinguish truth from lies with spiritual certainty using the Scriptures and the leading of the Holy Spirit to understand them.

4. **Truth**. Jesus always spoke the truth, but the devil always opposes the truth, because he is the father of lies.

5. **Hears.** The Holy Spirit hears God the Father and speaks the things that He hears.

6. **Speak.** What the Holy Spirit hears, the Holy Spirit speaks to us. The Holy Spirit does not speak on His own initiative.

7. **Disclose.** Jesus also promised that the Holy Spirit would disclose to the learners what will come. They wrote down in the New Testament the things that the Holy Spirit compelled them to write down in the Scriptures about the future.

### **Summary for Holy Spirit Counseling**

- **Exegetical Counseling means that Jesus baptized the Beloved at the moment of salvation with the Holy Spirit and from that moment forward, the Holy Spirit indwells the Beloved.**
- **Exegetical Counseling means the Beloved needs to practice walking in the Holy Spirit to put away the deeds of the flesh.**
- **Exegetical Counseling means we encourage one another to walk in the Holy Spirit and to feel His power at work producing the fruit of the Holy Spirit in our lives every day.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by learning about the ministry of the Holy Spirit in our lives and seeing His power work in us as we walk in the Holy Spirit each day. Today are you learning to overcome the deeds of the flesh by walking in the Holy Spirit so that He produces His fruit in your life?

### **Closing**

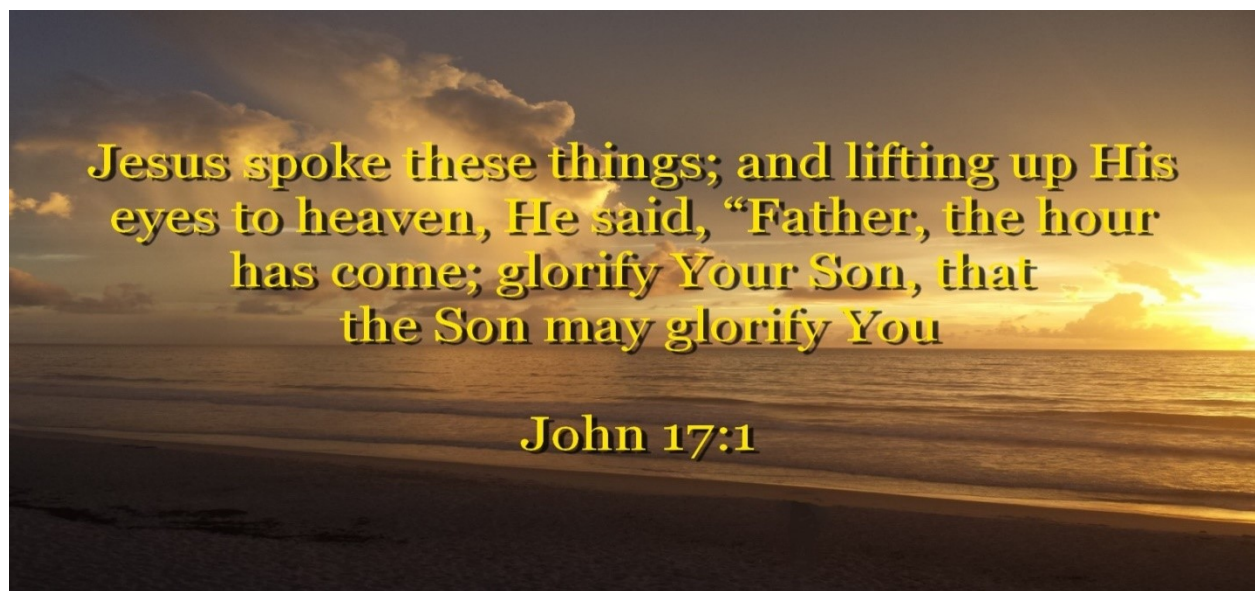


Pray that the Beloved will learn to walk in the Holy Spirit every day.

**HALLELUJAH !**

# 25

## Prayer Counseling



Jesus spoke these things; and lifting up His eyes to heaven, He said, “Father, the hour has come; glorify Your Son, that the Son may glorify You

John 17:1

### **Opening**

Pray that the Beloved may understand the importance of praying specific prayers with specific purpose.

Read John 17:1-5 with the Beloved.

### **Discussion**

Having concluded His message to the learners in the upper room on the night before His crucifixion, Jesus prayed. Lifting His eyes to heaven, He prayed to His Father saying the hour has come. Jesus was aware of the timetable His Father had prescribed for His life on earth in the flesh. He

had predicted His crucifixion several times before this night. None of His learners had believed He would be crucified.

Jesus had purpose in prayer. Jesus prayed for Himself. Many people neglect to pray for themselves because they do not want to appear selfish. They forget that Jesus prayed for Himself in this passage. Jesus prayed specific prayers with specific purpose.

Jesus prayed that His Father would glorify Jesus, the Son of His Father. The Father-Son relationship dominated the prayer of Jesus, in keeping with that same relationship dominating His entire time in the flesh. Jesus lived on earth to glorify God His Father. In our lives, we too should strive to glorify God our Father every day. In this case, Jesus understood that the Father would glorify Him in suffering and crucifixion. Not many people understand that the crucifixion, and the horrible suffering preceding it, glorified Jesus Christ as Savior. Jesus suffered for our sins, for He Himself was sinless. Because God the Father's plan for Jesus was to be crucified after suffering, Jesus obediently followed that plan to the glory of God. In other words, God glorifies our lives even during times of suffering and death for His Name's sake. Never forget that Jesus was resurrected on the third day. Jesus died so that we may live, all according to the plan of God the Father. If Jesus never died, we would never live.

Jesus also prayed that He Himself would glorify His Father. By willingly going to the cross, with suffering before His death, Jesus obeyed His Father and fulfilled the plans and purposes of His Father. In our lives, God may have a plan and purpose for our life that includes suffering and, perhaps, martyrdom.

Prayer counseling means that we learn that we glorify God by following the plan of God every day. At times, we can see God's timing in our lives that we will enter a season of suffering to accomplish the will of God. At other times, we help our friends go through a season of suffering, according to the will of God. In all cases, we must learn to pray with specific prayers with specific purpose so that we may glorify God.

1. **Jesus**. Jesus finished speaking with His learners, and then lifted up His eyes to heaven while He prayed.

2. **Eyes**. By lifting His eyes, Jesus drew attention to the heavens.

3. **Father**. Jesus prayed to His Father. Jesus also instructed His learners to pray in His Name.

4. **Hour**. Jesus prayed specifically about the hour of His impending suffering and crucifixion. He had told people before that His hour had not yet come, but now it was upon Him.

**Glorify**. Jesus prayed that His Father would glorify Jesus Himself, the Son of God.

6. **Son**. Jesus also prayed that the Son may glorify the Father.

7. **You**. Jesus specifically prayed that His life, suffering and crucifixion would glorify His Father.

### **Summary for Prayer Counseling**

- **Exegetical Counseling means Jesus prayed specific prayers for Himself.**
- **Exegetical Counseling means Jesus prayed for the Father to glorify Jesus.**
- **Exegetical Counseling means we must learn to pray specific prayers with specific purpose so that we may glorify God in all that He sets before us, according to His plans.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by praying specific prayers that God would use our lives and deaths to glorify Him. Today are you learning to pray specific prayers for God to glorify Himself as you learn to follow His plans?

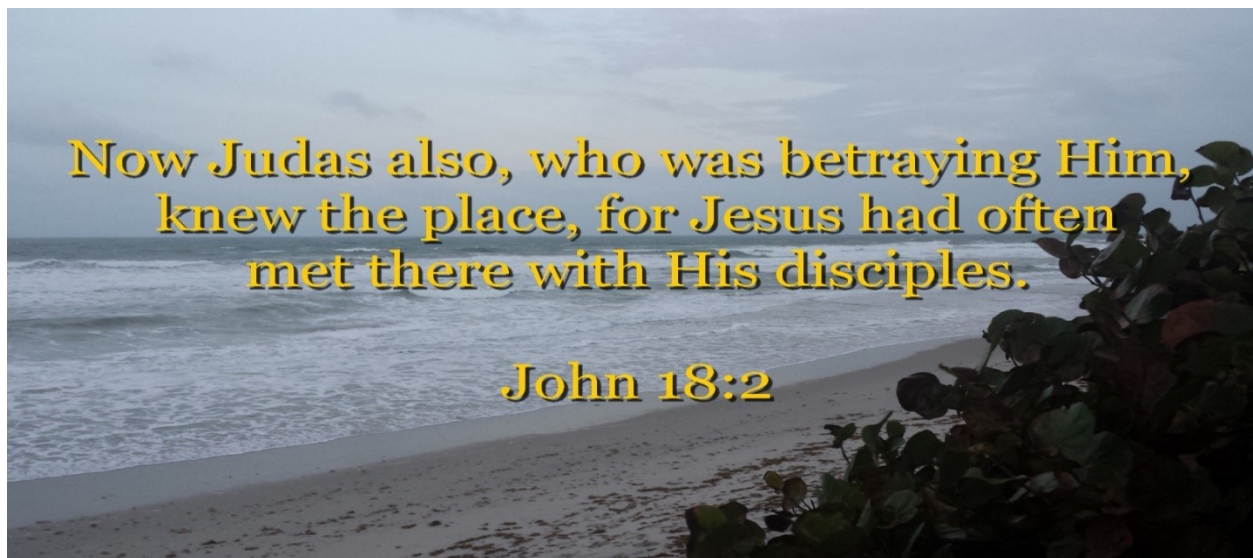
### **Closing**

Pray that the Beloved would learn that God seeks to glorify Himself as we follow His plans and purposes in our lives and pray accordingly.

**HALLELUJAH !**

# 26

## Betrayal Counseling



### **Opening**

Pray that the Beloved will understand how to deal with betrayal.

Read John 18:1-11 with the Beloved.

### **Discussion**

The chief priests and the elders of the people wanted to arrest and kill Jesus. They formulated a plan to kill Him during the Passover week, but they were afraid of the people and did not want to be stoned. Judas Iscariot contacted those people and asked what they would offer him to betray Jesus to them. They offered 30 pieces of silver and he accepted, looking for



an opportunity to betray Jesus. Jesus knew from the day that He called Judas Iscariot to follow Him that he was the son of destruction. On the night Jesus was arrested by the religious authorities, He spent that evening eating with His learners. Jesus looked at Judas Iscariot and said to him that what Judas intended to do, he must do quickly. Jesus also announced that one of the learners would betray Him. Jesus identified His betrayer as the one that Jesus handed the morsel to, and then Jesus handed the morsel to Judas Iscariot.

Judas picked the night that he knew where and when Jesus would be out of the public eye. Judas arranged to kiss Jesus and so identify Him to the soldiers sent to arrest Jesus. At any point, Jesus could have asserted His absolute authority and stopped the arrest and betrayal by Judas. Instead, Jesus fulfilled the Scriptures and His own prophecies describing how He would be handed over for crucifixion. Even Judas and the 30 pieces of silver fulfilled prophecy about the betrayal of the Messiah by His familiar friend, Judas Iscariot.

Jesus understood that God the Father planned long ago for Jesus to give His life on a cross and shed His precious blood and endure the wrath of God against sin and sinners. Jesus laid down His soul for us so that we might live forever. Jesus endured the betrayal, knowing all about it before He called Judas Iscariot to be a learner.

In our lives some of our closest friends will certainly betray us. Indeed, we will certainly betray them. When we sin against God, we betray our faith in God by fulfilling our plans and desires instead of God's. God forgives our betrayals because Jesus died for all our betrayals. He was acquainted with grief and our sorrows He bore. By His wounds, we are healed.

1. **Now**. Judas Iscariot knew the habits of Jesus and His learners.
2. **Judas**. Judas was one of the 12 learners chosen by Jesus.
3. **Betraying**. Judas was betraying Jesus that night because he had found an opportune time to deliver Jesus to the religious authorities for arrest.
4. **Place**. The place was over the ravine of the Kidron.
5. **Garden**. There was a garden there where Jesus met often with His learners.

6. **Jesus**. Jesus had a habit of meeting the learners in that garden at night after spending time among the multitudes in the daytime.

7. **Learners**. Judas was one of the learners of Jesus, but Jesus was never the Savior of Judas because Judas never had saving faith.

## **Summary for Betrayal Counseling**

- **Exegetical Counseling means Jesus died for sinners, even the ones who betrayed Him.**
- **Exegetical Counseling means we understand that we all betrayed Jesus in one way or another, just like we betray God by falling short of His glory.**
- **Exegetical Counseling means we encourage one another to forgive those who betray us and quickly seek forgiveness from the people we betray by sinning against them and God.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by understanding the nature of the betrayal as violating the love of people who love us. Today, are you learning that Jesus knew all about the coming betrayal, but willingly endured it so that He could forgive us of all our betrayals?

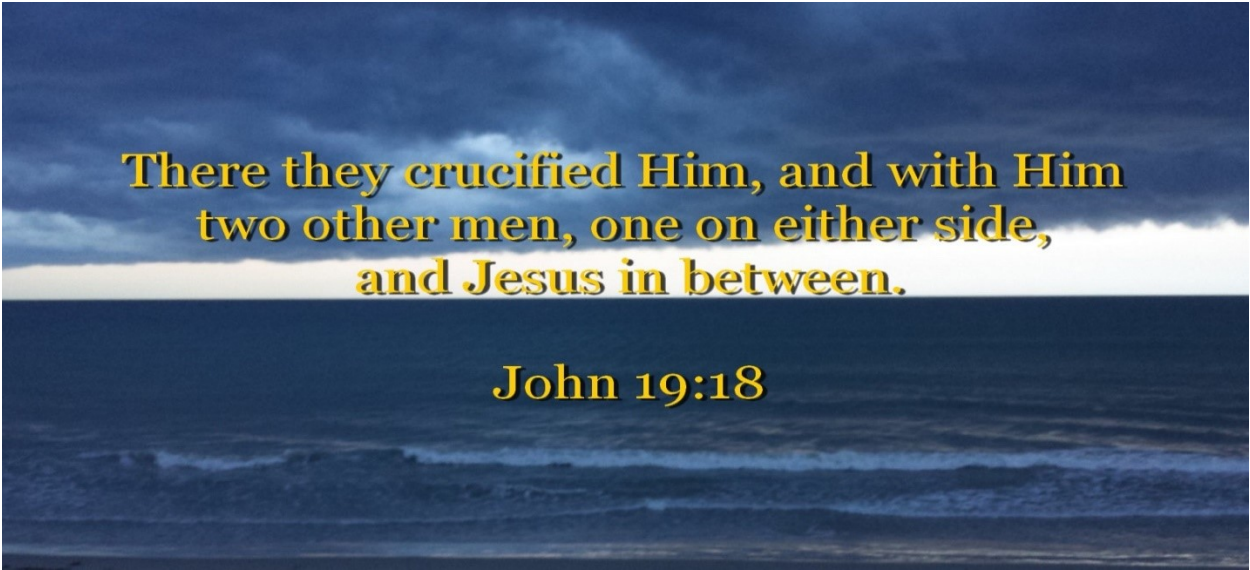
## **Closing**

Pray that the Beloved would understand we have all betrayed God and He graciously forgave us repeatedly, setting the example for us to forgive those who betray us.

**HALLELUJAH !**

# 27

## Crucifixion Counseling



There they crucified Him, and with Him  
two other men, one on either side,  
and Jesus in between.

John 19:18

### **Opening**

Pray that the Beloved would see Jesus crucified between two sinners.

Read John 19:16-22 with the Beloved.

### **Discussion**

Jesus was tried first in the religious courts and then handed over to Pontius Pilate, the Roman governor. Having examined Jesus, Pilate found no guilt in Him and nothing worthy of death. Falling to the pressure of the Jews, Pilate gave Jesus into the hands of the Jews for crucifixion. They had achieved their purpose by killing Jesus. What they did not understand is

that Jesus had fulfilled His purpose in laying down His soul as a ransom for many.

Jesus knew the hour of His arrest and crucifixion. Throughout the Gospel of John, Jesus mentioned that His hour had not yet come. The night before He was crucified, Jesus identified Judas Iscariot as His betrayer. He also predicted that Simon Peter would deny Him three times that same night. Furthermore, the devil had demanded to sift Peter like wheat. Jesus prayed for Peter, so that Peter would strengthen his brothers and after he turned again to the Lord Jesus.

Because Jesus was crucified between two sinners, we understand how Jesus identified with fallen humanity. Jesus knew no sin and never sinned, but gave Himself a ransom for sin. Christ died for us, crucified between two sinners. One sinner observed Jesus on the cross and heard Him. Before that thief died, he asked Jesus to remember him when Jesus would come in His kingdom. The other sinner crucified with Jesus mocked Jesus and never turned to Christ for salvation. The physical portrait of three crosses with the Savior in the middle accepted by one of those sinners and rejected by the other remains a testimony for the ages.

Jesus loved both sinners, but only one of the sinners responded to His love. Even while crucified, Jesus brought salvation to one about to die. Jesus in death brought life, just as a grain of wheat falls into the earth causes abundant life to sprout from the ground. Jesus told one sinner that truly you shall be with Me in Paradise today. Not everyone will receive Jesus as Savior, but some in their last hours on earth will turn to Jesus and go to Paradise with Him that day. It is never too late to turn to Jesus.

1. **There**. At Golgotha, the Place of the Skull, they crucified Jesus.
2. **Crucified**. Jesus was not crucified alone that day.
3. **Two**. Two other men were crucified with Jesus.
4. **Men**. Those two men died for the crimes they committed because they were guilty.
5. **One**. Those two men were on either side of Jesus, each nailed to his own cross.
6. **Side**. One on the right one on the left, with Jesus in between them.

7. **Between**. Between the two sinners, the Savior died, so that one of them would live forever with Him and He would open the door for all who would believe in Him to enter the house of His Father in heaven.

### **Summary for Crucifixion Counseling**

- **Exegetical Counseling means we see Jesus crucified between two sinners.**
- **Exegetical Counseling means one sinner turned to Jesus on the cross and received Him as Savior, while the other rejected Jesus.**
- **Exegetical Counseling means Jesus died hanging on a cross, so that He could give His soul a ransom for many, so that even a thief on a cross would be with Jesus that day in Paradise.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by remembering Jesus hanging on a cross with two sinners next to Him, one going with Jesus to Paradise that day and the other to destruction. Today are you learning it is never too late for anyone to turn to Jesus, so long as they are drawing breath on this earth?

### **Closing**

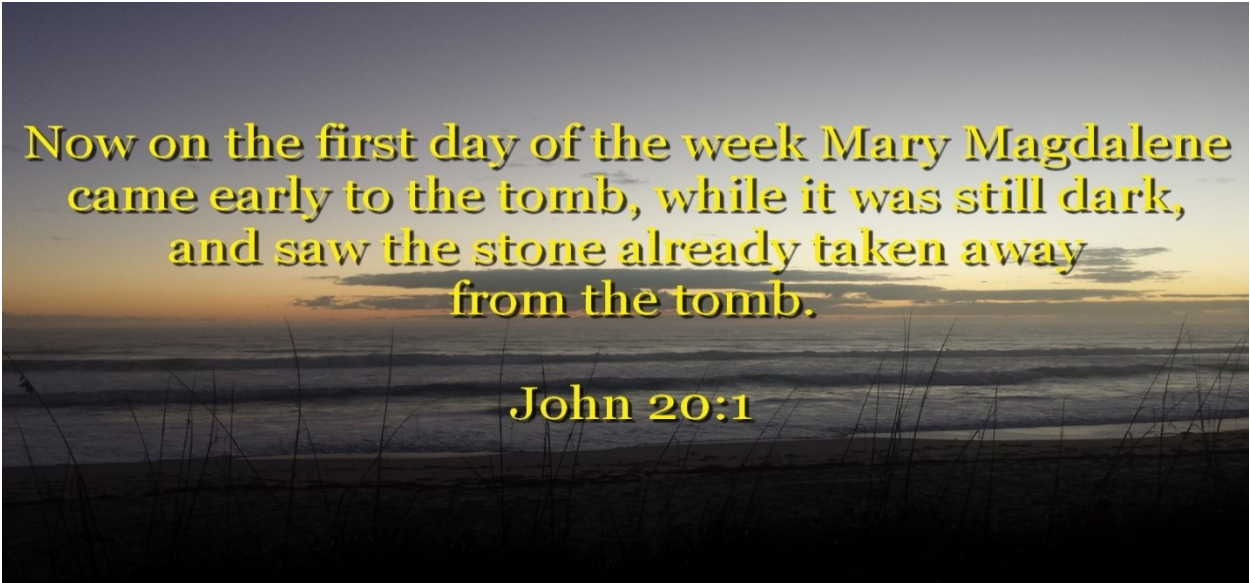
Pray that the Beloved would remember Jesus on the cross, with one sinner joining Him in Paradise that day.

**HALLELUJAH !**

# 28

## Tomb

### Counseling



Now on the first day of the week Mary Magdalene came early to the tomb, while it was still dark, and saw the stone already taken away from the tomb.

John 20:1

#### **Opening**

Pray that the Beloved will understand what it means that the stone was rolled away from the tomb.

Read John 20:1-10 with the Beloved.

#### **Discussion**

If Jesus was not raised from the dead, then we are still in our sins and still destined for an eternity in the Lake of Fire. God overlooked times of ignorance and furnished proof to all men that Jesus Christ is the Savior of the world by raising Him from the dead.



When Jesus was crucified, His body did not undergo corruption and His soul did not go to Sheol. Jesus went straight to Paradise with the thief on the cross and many other believers who died that day. Jesus predicted both His crucifixion and His death several times to His learners.

Early in the morning on the first day of the week, a group of devout women came to the tomb to anoint the body of Jesus. You may recall that Mary of Bethany anointed the body of Jesus about a week earlier. Jesus smelled great when He rode into Jerusalem on the colt. Neither the women nor the learners of Jesus expected that Jesus would be resurrected that morning. Before Resurrection Sunday, they did not comprehend Jesus would be raised from the dead. God chose twelve men to be eyewitnesses of His life, crucifixion, resurrection and ascension. God sent women to the empty tomb on Resurrection Morning so that they would be the first witnesses to His resurrection.

When the women arrived first at the tomb, they found that the stone had been rolled away. God intended for the whole world to know that Jesus had been raised from the dead and that death could never hold Him. He is the God of the living, not the dead. Just as a grain of wheat falls into the earth and brings forth life, so also Jesus went into the earth and brought new life to everyone who trusts in Him for salvation.

Today many people disparage the resurrection of Jesus Christ and give no thought to resurrection at all. Yet, Jesus taught that everyone will be resurrected. The evil will be resurrected to judgment and the righteous will be resurrected to eternal life. The stone rolled away from the tomb published to the entire world the emptiness of that tomb because Jesus was no longer there. Jesus lives today and more than 500 witnesses at one time saw Him alive in His body after His crucifixion. Jesus laid down His soul and gave up His life so that we would have eternal life by grace through faith in Him as Savior. We have nothing to fear from death because Jesus has already paid the death penalty for us. We know that we will spend eternity with Jesus, because death could not hold Him and so it cannot hold us.

1. **First**. On Sunday morning, the first day of the week, Mary Magdalene came early to the tomb.

2. **Week**. What Mary Magdalene found that Resurrection Morning provided absolute proof that Jesus Christ had been raised bodily from the dead.

3. **Mary**. Mary became an eyewitness of the resurrection of Jesus Christ because she saw the empty tomb and the stone rolled away.

4. **Dark**. She came while it was dark, and she did not immediately comprehend the significance of that stone rolled away.

5. **Stone**. That stone showed the entire world that the tomb of Jesus Christ was empty because He was not there.

6. **Taken**. The stone had been taken away from the entrance of the tomb. The governing authorities had sealed it so no one could tamper with it. Of course, that stone with its seal was rolled away by the power of God so that everyone would know the love of God through the resurrection of Jesus Christ as Savior.

7. **Tomb**. The empty tomb stands in all of history as brilliant testimony to the power of God and His great love for everyone by raising Jesus Christ our Savior from the dead, as the first fruit of all who believe in Him for salvation.

## **Summary for Tomb Counseling**

- **Exegetical Counseling means the stone rolled away from the empty tomb furnishes proof to all men that Jesus Christ, the only Savior of the world, was raised from the dead by the power of God.**
- **Exegetical Counseling means all people everywhere should repent and come to Jesus Christ as Savior by grace through faith in Him.**
- **Exegetical Counseling means the Beloved should understand the significance of the stone rolled away from the empty tomb.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by proclaiming that the stone was rolled away so that the whole world would know that the tomb of Jesus Christ was empty because He had been resurrected bodily from the grave. Today are you learning to overcome all fear of death and live in the freedom of eternal life because the stone was rolled away from the empty tomb and Jesus our Savior was not there?

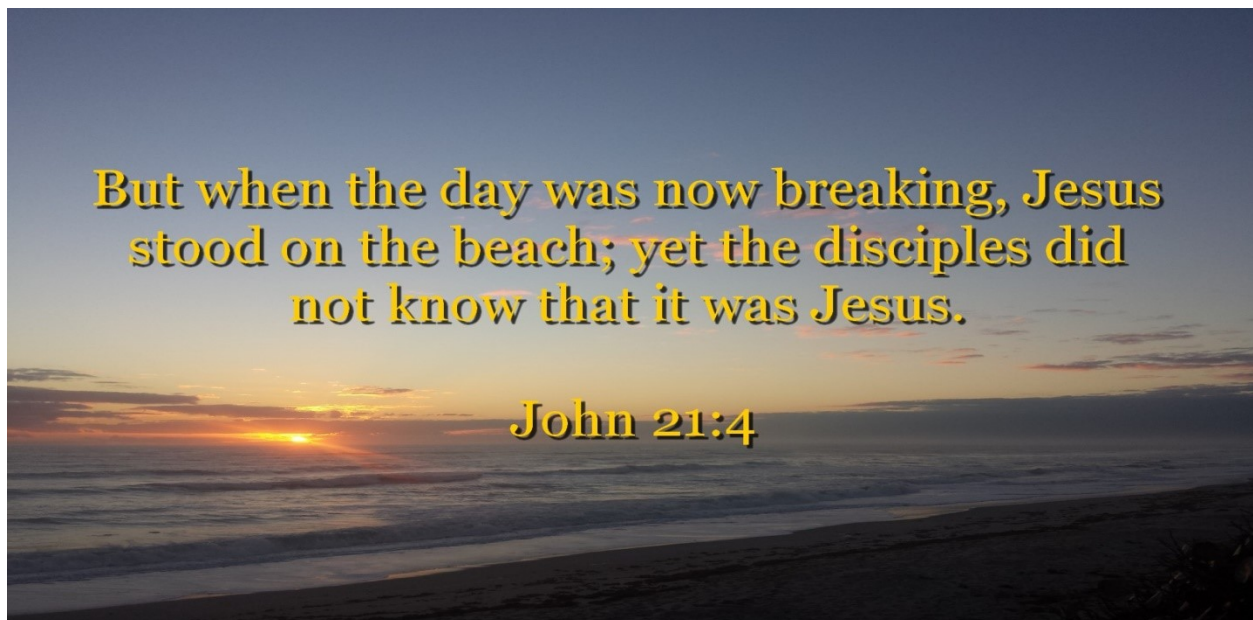
### **Closing**

Pray that the Beloved will rest assured in the power of God to resurrect Jesus as the first fruit of the resurrection of all believers.

**HALLELUJAH !**

# 29

## Beach Counseling



### **Opening**

Pray that the Beloved would understand what Jesus did on the beach with His learners.

Read John 21:4-8 with the Beloved.

### **Discussion**

Eight days after the resurrection of Jesus, Jesus appeared to the learners as a group for the second time. The first time Jesus appeared to them, Thomas was not with them and said he would not believe until Jesus

appeared to him and he saw His hands and His side. Jesus did appear and showed them His hands and side and Thomas believed.

After that Jesus appeared to the learners at the Sea of Galilee. Simon Peter and Thomas called Didymus and Nathanael of Cana in Galilee and the sons of Zebedee and two others of His learners were together. Peter announced he was going fishing and everyone joined Peter. They fished all night and caught nothing.

When day was breaking, Jesus stood on the beach. Yet the learners did not know it was Jesus. So Jesus said to them that they should cast their net on the other side of the boat and they followed His order and they brought in a huge haul of fish. When the learners got to dry land, they saw a charcoal fire already laid with fish on it and bread. Jesus invited them to eat with Him and they did. By that time, they all knew that it was Jesus. This was the third time that Jesus was manifested to the disciples after He was raised from the dead.

At first, the learners did not know it was Jesus. As soon as they caught a net full of fish, the learner whom Jesus loved announced that it was the Lord. At that point Peter threw himself into the water because he had stripped down for work. Jesus revealed Himself to the learners from the beach as they worked in the boat. By their own efforts, fishing all night, they had caught nothing. Simply following the command of Jesus to let the nets down on the other side of the boat brought them an enormous haul of fish.

1. **Day**. Jesus revealed Himself to His learners after they had been fishing without success all night.

2. **Breaking**. As day was dawning, Jesus wanted to show Himself to the learners.

3. **Jesus**. Jesus stood on the beach where they fished in their boat.

4. **Beach**. Jesus was standing on the sandy shores of the Sea of Galilee, also known as the Sea of Tiberius.

5. **Disciples**. The learners had labored long and hard that night fishing, but catching nothing.

6. **Not**. They did not know it was Jesus on the beach right away.

7. **Know**. They only came to know it was Jesus when they caught so many fish at His direction.

## **Summary for Beach Counseling**

- **Exegetical Counseling means that Jesus reveals Himself to us in many different ways and times and places.**
- **Exegetical Counseling means Jesus opens our eyes to His presence and power as we follow His leading.**
- **Exegetical Counseling means we always catch more fish when we leave our efforts behind and obey Jesus.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by following the command of Jesus to let our nets down in just the right place at just the right time. Today are you learning to follow Jesus and His commands so that you catch more fish?

## **Closing**

Pray that the Beloved would follow the commands of Jesus and so recognize His presence guiding them along.

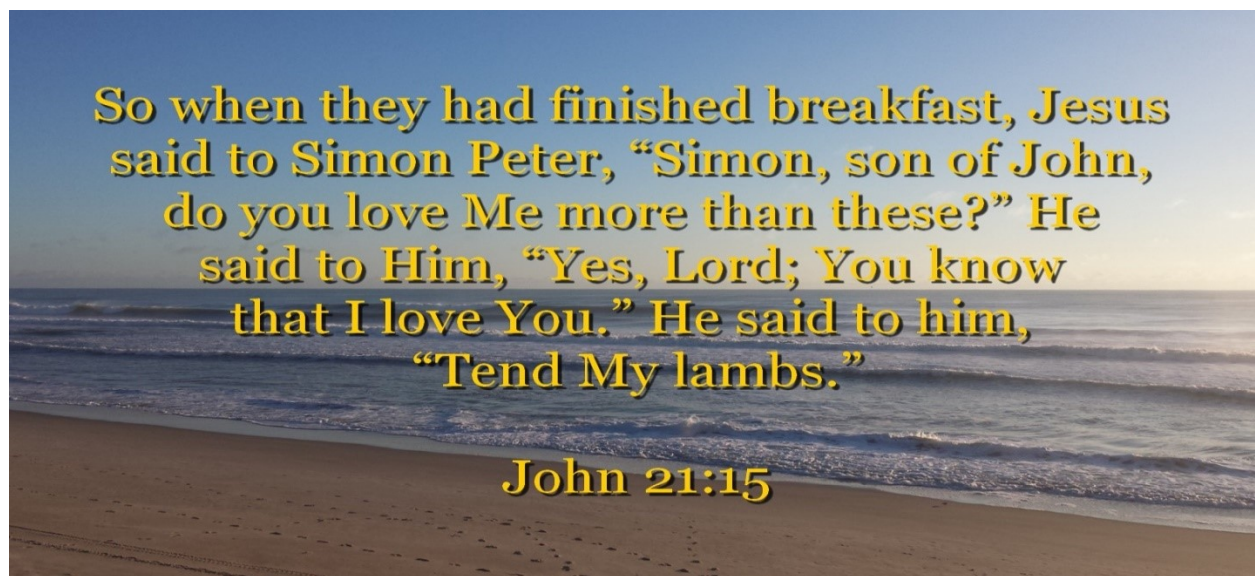
**HALLELUJAH !**



# 30

## Love

### Counseling



#### **Opening**

Pray that the Beloved would agape Jesus and tend His lambs.

Read John 21:15-17 with the Beloved.

#### **Discussion**

After the resurrection of Jesus, He appeared to his learners. Jesus asked Peter a series of questions about love. Jesus first asked Peter, do you love (agapas) Me more than these. Peter replied that he loved (philo) Jesus. Jesus then commanded Peter to feed the lambs of Jesus. Jesus wanted Peter to take care of His flock as an act of love towards Jesus.

Jesus then asked Peter a second time, do you love (agapas) Me. Again, Peter affirmed his love (philo) for Jesus. Jesus then commanded him to shepherd the sheep of Jesus.

Jesus then asked Peter a third time, do you love (phileis) me. Peter was grieved because he asked the third time. Peter replied that Jesus knew all things and that I love (philo) You. Jesus then commanded Peter to feed the sheep of Jesus.

Jesus wanted Peter to feed the lambs and the sheep and to shepherd the sheep. Peter affirmed his philo love for Jesus, but never mentioned agape love. Finally, Jesus asked Peter if he philo loved Jesus, and Peter affirmed that he did. Because the words of Scripture really matter, Jesus was not only commissioning Peter again to strengthen the brethren, but also to take care of the sheep by tending the lambs and feeding the sheep.

In our lives today, no matter what awful denials we have made regarding Jesus and our faith, Jesus emphasizes we must continue in our love for Him. Put another way, after denying Jesus three times or more, we must not let our hearts remain troubled, but continue believing in God and believing in Jesus. Having been sifted like wheat by the devil, we must strengthen the brethren when we return to the Lord.

Jesus left no doubt that He wanted Peter to minister to the sheep and lambs because Peter had once again turned to the Lord and moved past his denials of Jesus. Jesus was explaining to Peter how his love for Jesus must translate into action towards the lambs and sheep of Jesus. We must learn from Peter that Jesus never gives up on us, but always wants us to repent and be restored and return to the ministry with the lambs and the sheep in the Name of Jesus.

1. **Finished**. Jesus had prepared food on the beach for Peter and the other fishermen hauling their catch to the beach. When they had finished breakfast, Jesus began an important conversation with Peter.

2. **Breakfast**. After His resurrection and before His ascension, Jesus appeared the third time after His resurrection to His learners as they were fishing in the Sea of Galilee.

3. **Simon**. Jesus singled out Simon Peter for special attention, because he had denied Jesus three times the night before Jesus was crucified.

4. **Love**. Jesus linked the love of Peter to taking care of the lambs for Jesus.

5. **Me**. Jesus repeatedly emphasized that Peter's love for Jesus must be directed toward doing the will of Jesus towards the sheep and the lambs. Jesus did not consider Peter disqualified from service to the youngsters in the family of God and to adults in the family of God

6. **Know**. Peter knew that Jesus knew about his love. Peter told Jesus that you know my love for You.

7. **Lambs**. Jesus commanded Peter, based on that love from Peter to Jesus, to attend the lambs of Jesus.

### **Summary for Love Counseling**

- **Exegetical Counseling means that Jesus knows how to focus the attention of learners on working for Him by tending the lambs out of love.**
- **Exegetical Counseling means we need to learn that Jesus always has a place for us on His ministry team to attend the lambs after we have been sifted like wheat, denied Jesus and then turned back to Him.**
- **Exegetical Counseling means we encourage one another with the compassion of Jesus to continue our faith and ministry to Jesus after we have denied Jesus repeatedly because we still love Him more than anything else.**

### **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by remembering how Jesus restored Peter to tending lambs and shepherding sheep. Today are you learning to tend lambs and shepherd sheep because you love Jesus?

### **Closing**

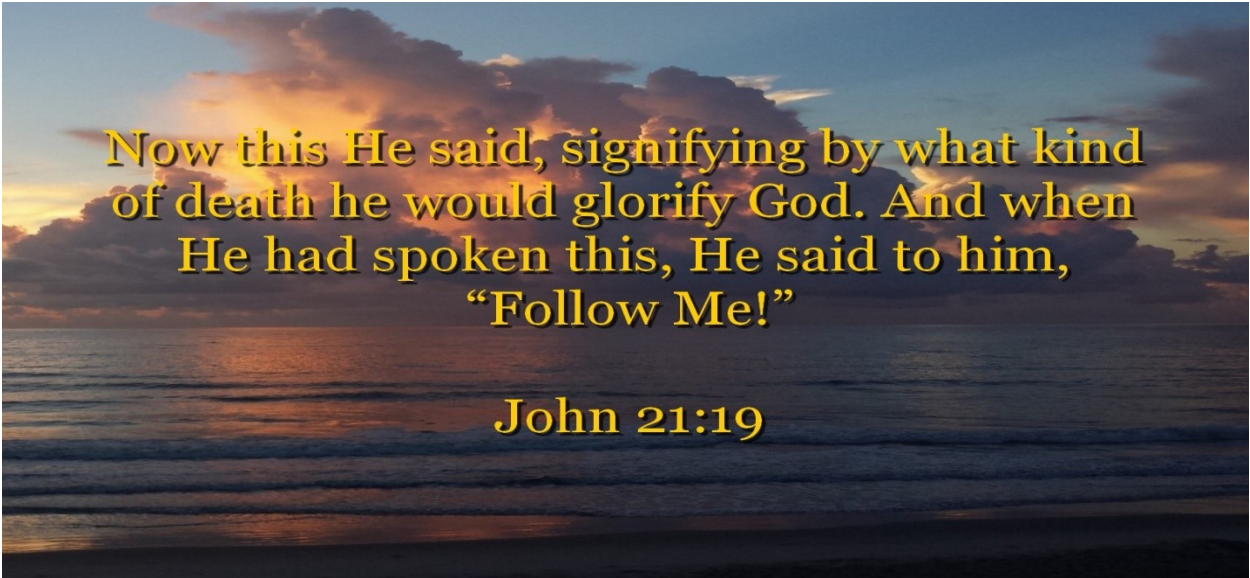
Pray that the Beloved would learn from Jesus and tend lambs and shepherd sheep out of love for Jesus after we have seriously denied Him and sinned against Him.

**HALLELUJAH !**

# 31

## Follow Me

### Counseling



Now this He said, signifying by what kind of death he would glorify God. And when He had spoken this, He said to him, “Follow Me!”

John 21:19

#### **Opening**

Pray that the Beloved hears Jesus saying to them, “Follow Me.”

Read John 21:18-23 with the Beloved.

#### **Discussion**

Before Jesus ascended to heaven, He met some of His disciples on the beach in Galilee. They had been fishing all night and caught nothing. Jesus told them to let down their nets on the other side of the boat and they drew in a huge catch. Jesus then provided breakfast for them on the beach.

Jesus had some special words for Peter about love for Jesus and taking care of His sheep and lambs. Jesus concluded His words to Peter with a prophecy. Jesus prophesied that when Peter was old you will stretch out your hands and someone else will gird you and take you where you do not wish to go. Jesus signified by what kind of death Peter would glorify God. So, Peter received good news and bad news. Peter would grow old, but he would die with someone leading him to a place he did not want to go.

Jesus then concluded with a brief command to Peter: “Follow Me.” Jesus had already told Peter to tend His lambs, feed His sheep, and tend His sheep. Before Peter could do those things, Peter must follow Jesus. Jesus wanted everyone to know that Peter was still useful to Jesus for service, even after Peter’s three denials. Peter should not be concerned about what Jesus would do with other people, because Jesus wanted Peter to focus upon following Him.

1. **He**. After Jesus gave a prophecy to Peter about his death, Jesus gave Peter a command about his life.

2. **Signifying**. Jesus was signifying to Peter that he would die by being led to a place he did not want to go.

3. **Death**. Peter would die in old age with others girding him and leading him.

4. **Glorify**. Jesus indicated to Peter what kind of death he would experience that would glorify God.

5. **God**. Jesus promised Peter that his death would glorify God.

6. **Spoken**. After Jesus had spoken those words to Peter about his death in old age, Jesus then issued the command for the present.

7. **Follow**. Jesus commanded Peter: “Follow Me.” Jesus did not want Peter worrying about the deaths of other people, but to focus upon walking each day with Jesus.



## **Summary for Follow Me Counseling**

- **Exegetical Counseling means that Jesus knows how each of us will end our lives on earth.**
- **Exegetical Counseling means Jesus does not want us worried about how other people will die, but to focus upon following Jesus.**
- **Exegetical Counseling means Jesus always wants to focus our attention upon following Him all day, every day.**

## **Application Guidelines**

Today, we may practice Exegetical Counseling with our friends and family and everyone by remembering the command of Jesus: “Follow Me.” Today are you learning to focus upon following Jesus, without getting wrapped up in what Jesus will do with other people?

## **Closing**

Pray that the Beloved would learn to follow Jesus, no matter what.

**HALLELUJAH !**

# Conclusion

Exegetical Counseling must always be performed by Jesus Himself. Jesus performed many miracles, amazed the crowds with His teaching, and demonstrated in word and deed the love of the Father for the world. Jesus counseled many people in many different circumstances. He brought wisdom and power to bear upon the children of God so that they could glorify Him in all that they do. Today, we must count upon Jesus counseling the Beloved through the many passages of Scripture detailing how Jesus changed the lives of so many people with His love.

**HALLELUJAH !**